

SCHOOL OF HUMAN SERVICES



Springfield College



Master's Degree in Human Services

Concentration in Mental Health Counseling

Demand is Rising for Skilled **MENTAL HEALTH PROFESSIONALS.**

Complexities of life in the 21st Century have spawned a greater need than ever before for skilled mental health professionals. Demand is growing for Licensed Mental Health Counselors (LMHC), in particular, to work with individuals and groups confronting substance abuse, anxiety, problem relationships, disorders, and a host of emotional and general adjustment issues that affect individuals, families and communities.

PREPARE FOR SUCCESS WITH A CUTTING-EDGE MASTER'S DEGREE.

You can gain the knowledge and skills to make a difference as a mental health professional and, at the same time, prepare to advance your career through the Springfield College Master's Degree in Human Services with a Concentration in Mental Health Counseling. This degree of choice in the mental health field can prepare you to pursue licensing as a mental health counselor. LMHCs often enjoy increased professional autonomy, mobility, and advancement potential into private practice or a supervisory position.

If you have an undergraduate degree from an accredited institution and at least five years of human services experience, this program may be a path to your professional goals. In addition to core knowledge, experience, and skill building, the program blends theory and effective practice. It also is designed to help you increase your self-awareness and sense of empowerment.



LEARN IN AN INVITING ENVIRONMENT WITH EXPERIENCED PEERS.

The Springfield College approach offers you unique advantages:

Throughout the program you will work with the same cohort of adult learners who have strong work experience. You will become an active participant in an exciting collaborative learning experience with, what will become, a closely-knit and supportive network.

Your faculty members, who are practitioners in the field, will act as facilitators, blending theoretical context with the actual experiences of you and your classmates. You'll discover new ways to do things which, often, can be put to immediate use in your job.

We can apply toward your master's degree as much as nine semester hours of credit for graduate courses applicable to the field of mental health that you completed with a grade of B or higher at an accredited institution of higher education within the five years of your candidacy.

You will find an atmosphere of genuine respect from your classmates and professors for the knowledge you bring. You also will benefit from networking opportunities among your classmates, both while you are a student and in the future.

Our personable and professional staff will be with you every step of the way – from the application process to graduation.

COMPLETE YOUR MASTER'S DEGREE IN 24 MONTHS - WEEKEND CLASSES ONCE A MONTH.

The Master of Human Services Degree with a Concentration in Mental Health Counseling is an intensive 60 semester-hour program with weekend classes for six terms. (Each term lasts four months.) This innovative scheduling allows you to maintain your responsibilities to your work, family, and community, while making it possible for you to complete a master's degree in 24 months.

AN EXCITING CURRICULUM BLENDS PRACTICE AND THEORY.

In all of your courses, you will gain more than clinical knowledge. You also will learn in the context of social change, enabling you to take a generalist approach to working in the mental health field. The program adheres to the ethical standards of the American Counseling Association.

A special feature of the Mental Health Concentration is the Individual Action Project, on which you will work throughout your master's degree program. In this research project, you will bridge the personal gap between theory and practice, and will prepare a final project paper and presentation.

In addition to coursework, you will participate in a supervised 1000-hour practicum in a mental health counseling setting (250 hours each in the third through the sixth terms). In this real-world setting, you'll advance your learning by applying the skills, concepts, and theories learned in the classroom. A seminar accompanies the practicum. Four courses during the program serve as "checkpoints" for this practicum requirement and your individual action project.

TERM I

Leadership: A Lifelong Journey
Human Growth & Development
Counseling Theories
Professional Ethics

TERM II

Economics of Change
Diagnosis & Psychopathology
Counseling Skills & Modalities
Multicultural & Diversity Aspects
of Empowerment Counseling

TERM III

Building Multicultural
Communities & Organizations
Alcoholism & Substance Abuse
Treatment
Research & Evaluation
Practicum in Community
Psychology

TERM IV

Group Counseling Skills
Family Counseling
Practicum in Community
Psychology II

TERM V

Counseling in Community
Settings
Practicum in Community
Psychology III
Psychology of Sexual Behavior

TERM VI

Practicum in Community
Psychology IV
Psychological Testing
Career Development and
Counseling





SPRINGFIELD COLLEGE SCHOOL OF HUMAN SERVICES

The adult education degree
for transforming careers
and communities



MAKE IT HAPPEN.

Learn how you can gain the education to further your career in the mental health field. We welcome your questions and are prepared to facilitate your application. All campuses of the Springfield College School of Human Services offer programs leading to a Bachelor of Science Degree in Human Services and a Master of Science Degree in Human Services. Each campus has its own special character, and some offer different specialized concentrations. Contact our central office in Springfield, Massachusetts, or any of our 11 regional campuses, to identify the campus closest to you which offers the Mental Health Concentration.

Springfield College School of Human Services
263 Alden Street
Springfield, MA 01109-3797
Telephone: (800) 727-0004

Campuses in:

California

Los Angeles
(310) 673-5607 or (888) 316-5111

San Diego
(619) 582-4002 or (877) 271-7155

Delaware

Wilmington
(302) 658-5720 or (800) 506-9270

Florida

Tampa Bay
(813) 936-2800 or (800) 724-2778

Massachusetts

Boston
(617) 242-3361 or (866) 272-9056

Springfield
(413) 748-3204 or (800) 727-0004

New Hampshire

Manchester
(603) 666-5700 or (800) 727-0504

South Carolina

Charleston
(843) 554-7244 or (866) 272-6004

Texas

Houston
(713) 681-1120 or (866) 252-8801

Vermont

St. Johnsbury
(802) 748-5402 or (800) 441-1812

Wisconsin

Milwaukee
(414) 276-2300 or (866) 271-2983

Springfield College is accredited by the New England Association of Schools and Colleges.