



MEMBERSHIP:

The Institute for Learning in Later Life (LLL) membership and benefits for people aged 55 and older:

- **Individual \$59/semester**
- **Couple \$100/semester**

Benefits :

- ◆ Enrollment in all LLL courses (*Courses fill quickly; registrations are on a first-come first-served basis.*)
- ◆ Priority registration for all LLL trips
- ◆ Access to Babson Library with lending privileges
- ◆ Admission to competitive athletic events (except championship games), William Simpson Fine Arts series events, and other campus events at no charge or at reduced rates
- ◆ Free campus parking

Spring 2012 Sessions

We wish to thank all instructors in the Learning in Later Life program for generously volunteering their time and expertise to present these courses and potpourris to our members.

Classes

Environmental History of America- Part VII

Instructor: Dr. Dietrich Schlobohm, Professor of History, Emeritus, Springfield College

This next chapter in the Environmental History of the United States will focus on the Post-World War II Period. We will examine topics such as: the impact of WWII, the shift from conservation to ecology and specific environmental problems such as population growth, nuclear power, pollution, contamination, air quality, hazardous wastes, and depletion of natural resources, global warming, and climate change.

Dates: Thursdays March 22, 29, April 5, 12

Time: 10:00 – 11:15 a.m.

Location: Brennan Center , Room 125

Film Favorites ~ *Lights, Camera, Action !!*

Peer Instructor: Jane Landon

In the early days of movies the public was generally unaware of a director's name. People went to the movies based on the strength of the stars and the subject. Gradually, certain directors became known by making themselves visible. They also became known by genre; epic, thriller, screwball comedy etc. We will view three films and while you will certainly know the director, you may not be aware they directed these particular films. The fourth session will be a "surprise"; clues will be given.

1. George Stevens Swingtime 1936
2. David Lean In Which We Serve 1942
3. Elia Kazan A Tree Grows In Brooklyn 1945
4. "Surprise"

Dates: Thursdays April 12, 19, 26 and May 3

Time: 1:00-3:30 p.m.

Location: Brennan Center , Room 125

The Arab Spring

Instructor: Mulugeta Agonafer, Professor Springfield College School of Human Services

The Arab Spring continues to inspire and energize movements and peoples both inside and outside the region. The success of the Tunisian people in forcing Ben Ali, to flee the country in January 2011 sent powerful tremors of hope and empowerment to millions of Arabs. The rapid success of unarmed, peaceful Egyptian protesters in ousting a formidable dictator, Mubarak, in 18 days created an unprecedented sense of euphoria in the region and beyond. Uprisings erupted across the region, sending strong messages to old authoritarian rulers. The specificities of each country have charted different trajectories and consequences for protesters and the regimes in power: what is shared is the regained belief in power of the Arab people, in the agency of Arabs and their ability to forge their futures. This presentation aims to take stock of developments in the region a year on, and to look ahead, with focus on two key countries leading the move for change – Tunisia and Egypt.

Dates: Tuesday, April 3

Time: 10:00 – 11:30 a.m.

Location: Fuller Arts Center, Appleton Auditorium

Talking Books

Peer Instructor: Bob St. Onge

Take advantage of this wonderful opportunity to add to your personal reading list. Offer your input, opinions and interpretations of the selected readings during our lively book discussions. We recommend you read the books by the scheduled discussion dates; however, this is not a requirement.

“The Cat’s Table” by Michael Ondaatje

“All Our Worldly Goods” by Irené Némirovsky

“The Other Wes Moore: One Name, Two Fates” by Wes Moore

Dates: Mondays, March 26, April 16, May 7

Time: 10:00 – 11:30 a.m.

Location: Brennan Center, Room 1

Opera Learning Adventures: Further Studies in Opera

Peer Instructor: Michael Cascia

If you enjoy opera and really like Verdi operas (such as La Traviata, Aida, Rigoletto, IL Trovatore), you will enjoy exploring 16 of Giuseppe Verdi’s early operas written during his “Galley Years”. Verdi wrote 28 operas, many that are unknown to American audiences. They contain some of the most beautiful arias and music you could ever want to hear. Mr. Cascia will teach a course on “Fun with Giuseppe Verdi’s Early Operas”. Please join opera enthusiast Mike Cascia as he showcases the early Verdi operas and enjoy watching selections as *well*.

Dates: Mondays March 19, 26, April 2, 9, 16

Time: 1:00-3:30 p.m.

Location: Brennan Center, Room 125

Preview a complete Opera for your final Class. Instructors Choice!

Date: Monday April 23

Time 1:00-4:00 p.m.

Location: Fuller Arts Center, Appleton Auditorium

Title: US Supreme Court to Hear Landmark Case**Instructor: Carl Fetteroll**

"In what has been described as a once in a generation case, the US Supreme Court has agreed to hear arguments challenging the constitutionality of President Obama's Health Care Law. It has been fifty years since anything this important has come before the court. That is illustrated by the fact the court has scheduled five and a half hours of argument over three days from March 26 - 28 to give both sides time to discuss the four major issues involved in the dispute. We will meet the week before to try and make sense of the arguments beforehand so it will be easier for us to follow them as they happen."

Dates: Thursday March 22**Time: 1:00-2:30****Location: Brennan 125****Talking Politics****Instructor: Dr. Dan Russell, Professor, Springfield College**

History tells us that making political predictions is a dicey process, especially when it comes to Presidential nominations. We'll look at the election year nomination process and the prospects for the 2012 Congressional elections through a murky crystal ball, relying on a variety of reasonably effective measures. Then, we'll explore the policy implications of the electoral outcomes, which is the actual bottom line of politics.

Date: Wednesday April 4th**Time: 2:00-3:30 p.m.****Location: Fuller Arts Center, Appleton Auditorium****The European Social Model and the Market Economy:****Bane or Bounty?****Instructor: Hartmut Karotki**

This 3-part presentation with discussion ties into last semester's sessions on the European Union. We will catch up with recent developments in the EU, the Euro-zone and in Greece, in particular. In order to get a deeper understanding of the European social model, we will focus on two aspects: 1) policies regarding work-life balance (maternity / parental benefits), and 2) provisions concerning industrial democracy (participation and codetermination of workers). Participants will have lots of opportunities to compare and contrast with the American liberal economic model.

Date: Tuesdays, April 24, May 1, 8**Time: 10:00-11:30 a.m.****Location: Fuller Arts Center, Appleton Auditorium****Self Defense****Instructor: Sergeant Kellie A. Cournoyer, Springfield College Campus Police**

Join Kellie as she teaches you steps to defend yourself and build your self confidence. Kellie is a RAD instructor for Basic, Advanced, Aerosol, Keychain and RADkids. Kellie has a program specifically designed with seniors in mind and she will also show you what to look for in your surroundings to keep you safe and on your toes.

Date: Wednesday, April 25**Time: 1:00 – 3:00 p.m.****Location: Stitzer Center at the Judd Gymnasium, YMCA Multi Purpose Room**

“Around the World with Anush”

Peer Instructor: Anush Dawidjan

A seasoned world traveler, Anush will tell stories of her travels and unique experiences. Having achieved her goal of traveling to 200 countries she has many stories to share. Special topics this semester include Africa, the Islands, Japan, and Europe.

Date: Wednesdays, May 2, 9

Friday, May 4, 11

Monday, May 7

Time: 1:00-3:00 p.m.

Location: Brennan Center Room 125

"Peace Corps -- Then and Now"

Instructors: Jeanie Marsh and Emily Barnaby

Join Jeanie and Emily as they share their experiences from time served in the Peace Corps. Jeanie served in Burkina Faso (Upper Volta) in the late 70's and Emily was in Benin in 2007-2009. They will share stories and pictures that captured their experiences.

Date: Monday, April 23

Time: 10:00 – 11:30 a.m.

Location: Brennan Center Room 125

Physics Phor Phun: Frictional Forces

Instructors: Jeff Gagnon, Laboratory Instructor for Math, Physics and Computer Science, Springfield College and Dr. Zenobia Lojewski, Associate Professor of Physics, Springfield College

Our workshop will focus on static and kinetic frictional forces and their advantages and disadvantages in the surrounding environment.

Date: Thursday, April 5

Time: 12:30-2:00 p.m.

Location: Schoo Bemis Science Center, Room 113

Introduction to Chair Yoga for Adults

Presenters: Jessica Chow, Doctoral Student, Exercise Physiology

Mark Thomas II, Master's Student, Athletic Counseling

Hugh McCauley, Doctoral Student, Sports and Exercise Psychology

Marlon Melville, Doctoral Student, Sports and Exercise Psychology

Members of the Motor Development class, Fall 2012, will be holding a two day workshop on the benefits of chair yoga to the elderly population. Contents of this workshop include: video demonstration, instruction on performing yoga, fitness evaluations prior to performing and questions and discussion on chair yoga. Research shows that chair yoga for seniors benefits overall fitness including strength, flexibility and blood circulation, leading to improved functionality and ability to carry out activities of daily living. This class is open to the first 20 participants.

Date: Fridays, March 23 and April 13

Time: 10:30-12:30 p.m.

Location: Cheney Hall Dining Room A

Dante's Inferno

Instructor: Dr. Oren W. Davis

Participants will have a brief discussion of the life and works of Dante with an overview of the whole work, *The Divine Comedy*, of which *The Inferno* is part. A more detailed discussion of *The Inferno* will be given, followed by questions and further discussion.

Date: Thursday, April 19

Time: 10:00am-12:00 p.m.

Location: Brennan Center Room 125

Singing Through the Years: Songs to Remember and New Ones to Learn

Instructor: Verne MacArthur, Retired Professor of Human Services, Springfield College

Bring your singing voices, senses of humor, and compassion. We will remember songs from different periods of our lives that express the joys and struggles of those times. We will sing as many of them as we can remember—at least one verse and play with some new ones too!!

Date: Wednesday, April 3

Time: 2:00-3:30 p.m.

Location: Reeds Landing

Grand Tour of Italy

Presenters: Ed and Calista Dibble

Join the Dibble's on a visual tour of ancient and modern-day Italy through the eyes of tourists in 2011.

If you've never been or you want to see again the beautiful cities of your memory, come and enjoy.

Calista took so many pictures that it will take three sessions: 1. Rome and Pompeii, 2. Venice (preceded by Capri, Assisi and San Marino), and 3. Florence (preceded by Lake Country, Pisa and Cinque Terre).

Date: Wednesdays, April 25, May 2,9

Time: 10-11:30 a.m.

Location: Fuller Arts Center, Appleton Auditorium

Special Events

Kick-off Kaffee-Klatsch

The literal meaning of the term is an informal social gathering for coffee and conversation. Enjoy coffee and a danish as we kick off the semester. You will be able to pick up your calendars, William Simson Fine Arts Series brochure and other fun and useful information. We will introduce you to our new online registration system!!

Date: Monday, March 19

Time: 9:30-11:30 a.m.

Location: Cheney Hall, Dining Rooms A & B

Spring Trip

The Birds and the Bees and the Flowers and the Trees

Instructor: Dr. Dietrich Schlobohm, Professor of History, Emeritus, Springfield College

Celebrate the arrival of spring by observing and enjoying the debut of returning birds, wildflowers, leafing trees, insects and wildlife. Good footwear and comfortable clothing are recommended for this nature walk through Stanley Park in Westfield.

Date: Thursday, April 26th (Rain Date: Thursday May 3rd)

Time: 10:00-12:00 p.m.

Location: Stanley Park in Westfield

Directions: Get on Route 20 and head west towards Westfield. At the rotary in the center of Westfield get on to Court Street which becomes Western Ave. We will meet at the old tennis courts in Stanley Park across from the Westfield State College Woodward Center.

Most of our walk will be on level ground. Hiking boots or sturdy footwear is strongly advised. Bring along water and a lunch. For more information call Dietrich at 788-4125.

QUESTIONS?

Call The Office of Special Programs at (413) 748-5287 or email specialprograms@spfldcol.edu

Look for updates and information on our website: www.springfieldcollege.edu/specialprograms

How to Register

1. Complete the membership application. Select your membership category: Individual or Couple.
2. Members may select courses and potpourris. Please provide all requested information.
3. Return this registration form with payment to the Institute for Learning in Later Life
4. Upon receipt of your registration and payment, we will send you a confirmation letter, course schedule, campus map, and parking permit. We reserve the right to limit course registrations due to classroom space limitations. We reserve the right to cancel classes.
5. Please register only for classes you plan to attend. If you sign up for a class or trip with limited registration, please notify the Office of Special Programs if you ultimately cannot attend. There is always a waiting list, and we can give the next person in line an opportunity to attend if we are notified.
6. Refunds will be made for trip cancellations only if we are able to fill your seat.

Return the completed form with payment to:

LLL Registration, Attn.: Special Programs

Springfield College

263 Alden Street

Springfield, MA 01109-3797

**Springfield College
Learning In Later Life
Spring 2012 Registration Form**

Name 1	
Name 2	
Address	
City State Zip	Phone#
Email Address	
ID Number 1	ID Number 2
New Member yes/no	
Membership Fee	
Single \$59	
Couple \$100	
Donation to Marilyn Cohen Spirit Physician Assistant Program Scholarship Fund (optional) <i>This award was established by LLL in memory of Marilyn Cohen, who was instrumental in the establishment of the Learning In Later Life Program</i>	
Total Due	
PAYMENT	
<i>Check enclosed payable to Springfield College</i>	
<p>You may register online with Credit Cards at :</p> <p>www.springfieldcollege.edu/learninginlaterlife</p>	
Print Name (as it appears on card)	
Signature	

SPRINGFIELD COLLEGE
LEARNING IN LATER LIFE Spring 2012

	Name of Course	Location of Course	Course Meeting Times	Course Dates	Member 1	Member 2
	Around the World w/ Anush	Brennan 125	1-3pm	5/2,5/4,5/7,5/9, 5/11		
	Chair Yoga	Cheney Hall Dining Rm A	10:30-12:30	3/23 & 4/13		
	Dante's Inferno	Brennan 125	10am-12pm	4/19		
	Environmental History	Brennan 125	10-11:15 am	3/22,3/29,4/5,4/12		
	Grand Tour of Italy	Fuller	10-11:30am	4/25,5/2,5/9		
	Kick Off Kaffee Klatsch	Cheney Hall Dining Rooms A&B	10-11:30am	3/19		
	Lights, Camera, Action	Brennan 125	1-3:30pm	4/12,4/19,4/26,5/3		
	Nature Walk	Meet at Stanley Park in Westfield	10am-12	4/26 rain date 5/3		
	Opera Class	Brennan 125	1-3:30pm	3/19,3/26,4/2,4/9 4/16		
	Opera Presentation	Fuller	1-4pm	4/23		
	Peace Corp	Brennan 125	10-11:30am	4/23		
	Physics For Fun	Schoo 113	12:30-2pm	4/5		
	Self Defense	Judd Gym	1-3pm	4/25		
	Singing Through the Years	Reeds Landing	2-3:30pm	4/3		
	Supreme Court	Brennan 125	1-2:30	3/22		
	Talking Books	Brennan Rm 1	10-11:30am	3/26,4/16,5/7		
	Talking Politics	Fuller	2-3:30pm	4/4		
	The Arab Spring	Fuller	10-11:30am	4/3		
	The European Social Model and the Market Economy: Bane or Bounty?	Fuller	10-11:30am	4/24,5/1,5/8		