

Facilities

The women's gymnastics team competes in the 2,000-seat Blake Arena located in the Physical Education Complex. Gymnasts train in Kresge Gym, a fully equipped, top-notch facility. Team members practice and compete on the most up-to-date equipment, including an AAI Palmer Spring Floor, two AAIElite uneven bars, four AAIElite balance beams, two AALow beams, and a spring-loaded AAI vaulting table. Two above-ground free foam safety pits and a tumble trac are used for development of new skills on the uneven bars, floor, and vault.



SPRINGFIELD COLLEGE ATHLETICS

Women's Gymnastics 2008

A Proud Tradition

The sport of gymnastics has a special, historical place at Springfield College.

Legendary coach **Diane Potter** started the program at Springfield in 1964. In nine of its first ten seasons of intercollegiate competition, Springfield College was undefeated, including six consecutive years from 1968 to 1974 under Coach **Mimi Murray**. Springfield College won AAIAW national crowns in 1969, 1972, and 1973. Murray is still a member of the U.S. Gymnastics Federation Executive Board and was inducted into the Springfield College Athletic Hall of Fame in 1993.

One of Springfield's top gymnasts was Olympian **Kathy Corrigan Ekas**. In 1987, Corrigan was the first woman selected to the Springfield College Athletic Hall of Fame; in 1989, Potter became the second female honoree. All-American gymnasts **Judith Markell** (the former women's gymnastics coach at Penn State and the University of Florida) and **Patti Corrigan Dunne** were inducted into the Springfield College Athletic Hall of Fame in 1995 and 1997, respectively.

Overall, Coach **Cheryl Raymond's** gymnasts have received All-America recognition twenty-eight times. In 2000, **Gina Gutierrez** earned the National Collegiate

Gymnastics Association (NCGA) Division III vault champion, succeeding **Shanna Larocque**, who had earned the honor the year before.

After moving to Division III for the 1995-96 season, the Pride won the NCGA Championship in its first appearance in the event in 1996. The Pride became the first school east of Chicago to win the NCGA crown in the competition's 13-year history. Springfield College also won the 1999 Eastern College Athletic Conference (ECAC) Championship.

As well as producing some of the nation's finest female gymnasts, Springfield College has given the sport outstanding coaches and officials and has been the site of numerous regional and national competitions, including the 2000 NCGA Division III National Championships.

Springfield's women's gymnastics offers student-athletes other unique opportunities to shine. The College's famous gymnastics exhibition takes place during Homecoming Weekend in the fall. The Pride gymnastics program took center stage during the Grand Opening Weekend of the Naismith Basketball Hall of Fame in September 2002, performing tableaux for a special gathering of basketball legends and political and business leaders. Springfield College also performed tableaux at the 2006 NCAA Division III Women's Basketball Championships at the Final Four banquet that took place in the Basketball Hall of Fame.

FAST FACTS:

- ▼ The Pride won the National Collegiate Gymnastics Association (NCGA) Division III Championship in 1996, its first appearance in the event.
- ▼ Head coach **Cheryl Raymond**, who is in her 29th year, is one of the top college coaches in the region, with a .564 winning percentage.
- ▼ In the last ten seasons, the Pride gymnasts have received All-American honors 15 times, four of them national champions.
- ▼ Springfield College's famous gymnastics exhibition show, the highlight of Homecoming Weekend, attracts more than 3,000 spectators each fall.
- ▼ Affiliations: National Collegiate Gymnastics Association (NCGA), Eastern College Athletic Conference (ECAC)
- ▼ Home Court: Blake Arena

CONTACT INFORMATION:

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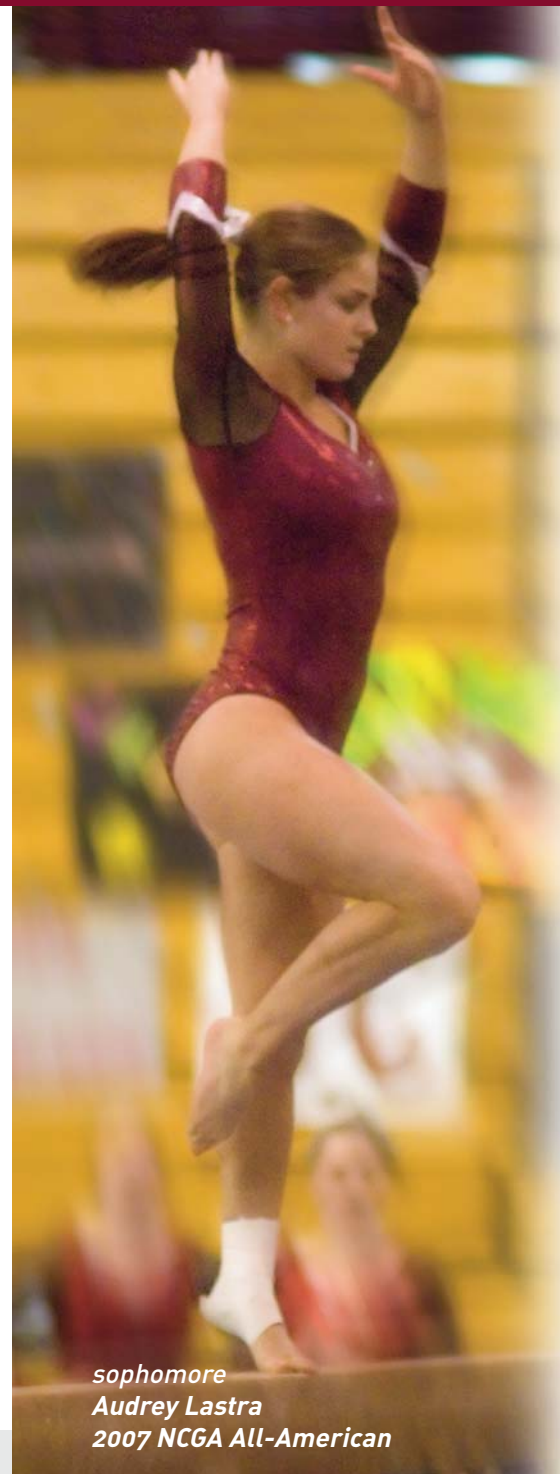
SPRINGFIELD COLLEGE

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junior
Penelope Bohunko

sophomore
Audrey Lastra
2007 NCGA All-American





Head Coach Cheryl Raymond

▼ Education

Bethany College '74
Springfield College G'82

▼ Meet Director

- NCAA Championships ('82, '84, '85)
- NCGA Championship ('00)
- *Co-Director* USGF National Collegiate Championships ('88, '92, '93) at Blake Arena
- ECAC Championships ('88, '91, '95, '99, '04)
- *Co-Director* Northeast Regional Championships ('82)

▼ Memberships

- NACG Women's Technical Committee (current)
- Division III NCAA Representative (six years)
- Division II Representative on the first NCAA Women's Gymnastics Committee (six years)
- Former Chairperson of the USA National Collegiate Gymnastics Rules Committee ('89-'96)
- Former Chairperson of the ECAC Women's Gymnastics Committee

Cheryl Raymond, who is in her 29th year as women's gymnastics coach and assistant professor of physical education at Springfield College, is one of the top college coaches in the region.

In 2007, three Pride gymnasts earned All-American honors at the National Collegiate Gymnastics Association (NCGA) Division III National Championships. One, sophomore **Audrey Lastra**, earned three All-American honors and set the Springfield College record for the all-around (38.25). The team won six straight meets in the middle of the season, finished with an 8-2 record, and placed fourth at the Eastern College Athletic Conference (ECAC) Division III Championships.

During the 2006 season, Springfield posted wins against MIT, SUNY Cortland, and Brockport. The Pride finished fifth at the ECAC Division III Championships and qualified five gymnasts to compete at the NCGAs.

During the 2005 season, Springfield College recorded wins against MIT and Brockport. The Pride finished fifth at the ECAC Division III Championships and qualified five gymnasts to compete at the NCGA Division III Championships. From 2005 through the 2007 seasons, Raymond proudly coached a total of 23 Academic All-Americans.

The 2004 campaign included a thrilling season-opening victory over Division I Yale, and wins over top D-III programs in Wisconsin-Oshkosh, Cortland, and Ithaca. The Pride's solid 8-10 overall mark is somewhat deceiving, as four of the losses were to D-I or D-II programs.

In 2002, the Pride capped a strong season by finishing sixth at the NCGA Division III Championship. Springfield, which hosted the 2000 national championship, also placed third in 1997 and 2000, fifth in 1998, and sixth in 1999.

Springfield captured the ECAC Division III Championship crown in 1999. The Pride also won the ECAC title in 1993, and finished eighth at the 1992 USGF National Collegiate Championship and sixth in 1993. In 1982, Raymond's squad captured the NCAA Regional Tournament crown and placed fifth at the NCAA Division II Championship.

Raymond is co-director of Springfield College's popular gymnastics exhibition, which annually attracts more than 3,000 spectators during Homecoming Weekend. Known as the Home Show, through 2007, it has been in existence for 98 years.

School Records

Vaulting: *Score-9.70*, Lisa Riedman (1997) ▼ **Uneven Bars:** *Score-9.65*, Meg Geddes (1993) ▼ **Balance Beam:** *Score-9.75*, Sarah Dyer (1996) ▼ **Floor Exercise:** *Score-9.825*, Shanna Larocque (2001) ▼ **All-Around:** *Score-38.250*, Audrey Lastra (2007) ▼ **Team:** *Score-186.650*, vs. MIT w/ So. Conn. (2004)

National Champions/Olympian

Patti Corrigan (uneven bars, vaulting), 1971 ▼ **Tara Brady** (vaulting), 1992 ▼ **Sarah Bryson** (floor), 1996 ▼ **Kim Golz** (bars), 1996 ▼ **Shanna Larocque** (vault), 1999 ▼ **Gina Gutierrez** (vault), 2000 ▼ **Kathy Corrigan**, 1964 Olympian

National Championships

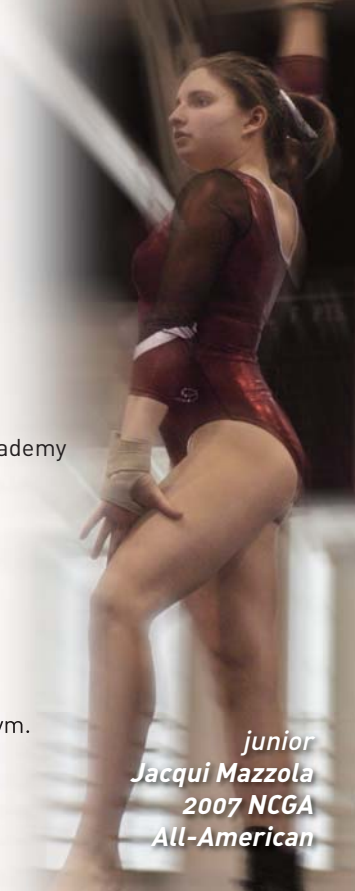
AIAW National Champions: 1969, 1970 ▼ **NCGA Division III National Champions:** 1996

2008 Roster

Name	Cl.	Event(s)	Hometown/Club
Penelope Bohunko	Jr.	V, BB, FX	Wilkes Barre, Pa./Northeast Gym.
Jeanna Bradle	So.	AA	New Milford, Conn./CATS
Amanda Campbell	Fr.	BB, FX	Manchester, N.H./Goffstown YMCA
Ericca Castagna	So.	V, UB, FX	Topsfield, Mass./Yellow Jackets
Katlyn Cronin	Sr.	UB, BB	Manchester, N.H./Goffstown YMCA
Brittany Davis	So.	AA	Shelby, N.C./Starlite Gym.
Kayleigh Davis	So.	AA	Whitefield, N.H./Gymnastics Village
Alice Efland	Sr.	UB, BB, FX	Auburn, Maine/Maine Academy of Gym.
Amberlynn Gifford	Sr.	V, UB, BB	Manchester, N.H./Gymnastics Village
Audrey Lastra	So.	AA	New Milford, Conn./Connecticut Gym. Academy
Jacqueline Mazzola	Jr.	V, BB, FX	Framingham, Mass./GTC-Holliston
Ashley Moreck	Fr.	V, UB, BB	Berlin, Md./Delmarva Gym. Academy
Christina Pagella	Fr.	BB, FX	Westfield, Mass./Whip City Gym.
Alexandra Ploenes	So.	AA	Medina, Ohio/Westside Gym.
Marissa Rusin	Fr.	UB, BB, FX	Garwood, N.J./Surgents Elite Gym.
Lizzie Sartell	So.	BB, FX	Narragansett, R.I./Ocean State Gym.
Danielle Trota	Fr.	UB, BB	Litchfield, Conn./Waterbury Girl's Club
Jenna Williams	Jr.	V, UB	Townsend, Mass./Sterling Academy of Gym.

Head Coach: Cheryl Raymond (29th season, Bethany '74, Springfield G'82)

Assistant Coaches: Jillian Silverman '07, Gary Loomis



junior
Jacqui Mazzola
2007 NCGA
All-American

2007 Results (8-2)

JANUARY

10 **MIT** W, 181.550-172.525
13 at Univ. of Bridgeport W, 173.400-172.525
21 at SUNY Brockport L, 180.650-182.475
21 w/Wilson W, 180.650-150.800
28 **Rhode Island College** W, 182.525-168.350

FEBRUARY

4 **Ithaca** W, 184.500-183.850
18 at SUNY Cortland W, 185.350-184.625
19 **Southern Conn.** W, 184.200-183.300
24 at MIT W, 184.625-182.775

MARCH

3 at Ursinus L, 182.800-188.200
10 ECAC Division III Championships (at Ithaca) 4th/7 teams
23 NCGA Division III Championships (at Wisc.-Whitewater) No Team Scores
24 NCGA Division III Championships (at Wisc.-Whitewater) No Team Scores

Home meets in **bold**

2008 Schedule

JANUARY

13 Sun. **Brockport, Ithaca** 1:00 pm
UB, SCSU, Yale
18 Fri. at UC Davis w/Seattle Pacific 6:00 pm
26 Sat. at RIC w/Brockport 7:00 pm

FEBRUARY

2 Sat. at Ithaca 3:00 pm
9 Sat. **RIC** 1:00 pm
17 Sun. **SUNY Cortland** 1:00 pm
24 Sun. **MIT** 1:00 pm

MARCH

7 Fri. at Bridgeport 6:00 pm
15 Sat. **ECAC Division III Championships** 12:00 pm
28 Fri. NCGA Division III Championships at SUNY Cortland TBA
29 Sat. NCGA Division III Championships at SUNY Cortland TBA

Home meets in **bold**