

Springfield College “All Time” List Track & Field

100 Yards

9.6	McDermott, Keith '84	1981
9.7	Carle, Richard '67	1967
9.8	Parks, Stu '35	1935
9.8	Bywaters, Clayton '55	1955
9.8	Samuels, Patrick '80	1978
9.9	Redmond, John '64	1963
9.9	Blake, Richard '70	1970
9.9	Winfield, James '77	1975
9.9	Rapisarda, Douglas '79	1978

220 Yards

21.4	Carle, Richard '67	1966
21.5	Parks, Stu '35	1935
21.6	Anderson, Norm '54	1951
21.8	Brazil, Ron '58	1958
21.8	Wilkinson, Al '66	1965
21.8	Montiero, Mike '76	1976
21.9	Seaman, Roger '65	1963
21.9	Morrell, Robert '69	1968
22.0	Leftwich, Frank '57	1956
2.22	Auwood, Robert '64	1962
22.2	Rapisarda, Douglas '79	1978

440 Yards

48.4	Morrell, Robert '69	1968
48.5	Sokolowski, Mike '84	1983
49.2	Latham, Douglas '73	1971
49.7	McCombe, George '63	1963
49.8	Bogue, Ron '63	1963
49.8	Rohlfs, Mike '68	1967
49.8	Robinson, Dave '70	1968
49.8	Hawley, Kevin '74	1973
50.4	Conte, Mike '73	1971
50.4	James, Robert '82	1980
50.6	Wise, Wayne '78	1976
50.7	Norris, Paul '86	1983

100 Meters

10.33	Headley, Stephen '10	2010
10.74	James, Robert '82	1980
10.74	Sokolowski, Mike '84	1980
10.74	Jackson, Jason '04	2003
10.84	McDermott, Keith '84	1982
10.84	Barnett, Greg '90	1988
10.87	Amendola, Matt '10	2009
10.92	Malone, Roshaun '97	1997
10.94	Rapisarda, Doug '79	1979
10.94	Samuels, Pat '80	1980
10.94	Davis, Tony '87	1986
10.95	Hayes, Joe '96	1995
11.02	King, Bill '06	2004
11.03	Mazzaferro, Vinnie '03	2003
11.07	Jaroszewicz, Pawel '04	2002

200 Meters

21.10	Headley, Stephen '10	2010
21.73	Jackson, Jason '04	2003
21.74	James, Robert '82	1980
21.74	Sokolowski, Mike '84	1982
21.74	Jaroszewicz, Pawel '04	2004
21.84	McDermott, Keith '84	1982
21.84	Barnett, Greg '90	1989
22.12	King, Bill '06	2003
22.15	Mazzaferro, Vinnie '03	2003
22.20	Corricelli, Dave '01	2000
22.24	Rapisarda, Doug '79	1979
22.24	Moehring, Dave '79	1979
22.24	Davis, Tony '87	1987
22.24	Matt Amendola '10	2010
22.25	Hay, Nickel '11	2009
22.44	Tantorski, Ed '89	1987
22.46	Malone, Roshaun '97	1994

400 Meters

47.29	Jaroszewicz, Pawel '04	2004
47.64	Sokolowski, Mike '84	1983
48.04	McDermott, Keith '84	1982
48.57	Hay, Nickel '11	2010
48.66	Robinson, James '93	1992
48.94	Brown, Mike '81	1980
48.97	Quetant, Chris '11	2009
49.18	Notary, Jon '03	1992
49.34	Royster, Jarrett '90	1989
49.37	Forrette, David '07	2004
49.39	Sabol, Tim '01	2001
49.54	Bouchard, Tom '80	1979
49.84	King, Bill '06	2005
49.88	Rehm, Tim '08	2007
49.94	Norris, Paul '86	1983
49.94	Tantorski, Ed '89	1987
49.94	Anderson, Bill '91	1990

880 Yards

1:51.8	Wise, Wayne '78	1975
1:52.3	Conte, Mike '74	1974
1:53.2	McCombe, George '63	1963
1:56.4	Ahearn, Gary '72	1969
1:56.4	Merrifield, Harry '71	1971
1:56.7	Atkinson, George '69	1968
1:56.9	Moffat, Roger '71	1970
1:57.0	O'Loughlin, James '78	1976
1:57.0	Daly, Hayden '78	1976
1:57.2	Klatka, Ken '69	1966
1:57.2	McCann, Dave '76	1976

One Mile

4:06.7	McCann, Dave '76	1974
4:07.9	Duggan, Charles '75	1975
4:10.6	Cave, Rick '79	1977
4:12.63	Brown, Bryan '96	1996
4:13.7	O'Loughlin, James '78	1976
4:14.0	Wardwell, Greg '82	1981
4:14.5	Merritt, Terry '63	1963
4:14.5	Tynan, Bill '82	1981
4:14.8	Bennett, Craig '68	1968
4:16.2	Smith, Mark '80	1978
4:16.6	Young, Frank '78	1978
4:16.6	Coon, Brent '87	1986
4:17.0	Pate, Russ '68	1968
4:17.36	Fuller, Brian '11	2011
4:19.32	O'Connell, Ryan '13	2011
4:19.9	McGinty, Peter '74	1974
4:20.3	Klatka, Ken '69	1966
4:20.75	Creamer, Stephen '11	2011

Two Mile

8:45.2	Duggan, Charles '75	1975
9:01.8	Wardwell, Greg '82	1980
9:03.2	Newhall, W.F. '80	1979
9:04.6	Booze, Sheldon '81	1981
9:08.3	McCann, Dave '76	1974
9:14.5	Young, Frank '78	1977
9:15.7	Peltz, Jim '76	1976
9:19.0	Merritt, Terry '63	1962
9:20.4	Edson, Rob '86	1985
9:23.0	McGinty, Peter '74	1973
9:24.4	Mousetis, Steve '77	1976
9:27.0	Walkwaitz, Ed '71	1971
9:27.1	Cofrin, George '80	1977
9:27.4	Klatka, Ken '69	1968
9:27.6	Cave, Rick '79	1977

800 Meters

1:52.81	Walsh, Brian '97	1996
1:52.92	Anderson, Bill '91	1991
1:52.97	Mateicka, Rob '02	2001
1:53.06	Griffin, Mike '09	2009
1:54.39	Marquis, Steve '94	1994
1:54.72	Connolly, Joe '92	1991
1:55.02	Chapleau, Mike '94	1993
1:55.32	Harwood, Ben '01	2001
1:55.74	Daly, Hayden '88	1988
1:55.92	DeRocco, Pat '05	2005
1:55.94	Shaw, Charles '87	1987
1:56.14	Notary, Jon '03	2001
1:56.35	Notary, Mike '03	2001
1:57.08	O'Connell, Ryan '13	2011
1:57.16	Nacsin, Eric '09	2006
1:57.34	Cave, Rick '79	1979
1:57.34	Miller, Steve '81	1981
1:57.46	Pearsall, Brian '04	2003

1500 Meters

3:53.34	Cave Rick '79	1979
3:53.94	Tynan, Bill '82	1982
3:55.60	Brown, Bryan '96	1996
3:55.74	Wardwell, Greg '82	1981
3:56.64	Mateicka, Rob '02	2002
3:57.73	Griffin, Mike '09	2007
3:58.80	Duggan, Tom '02	2000
3:58.81	Bartlett, Jeff '08	2008
3:58.92	Kelly, Eric '02	2000
4:00.34	Daly, Hayden '88	1985
4:01.34	Coon, Brent '87	1987
4:01.46	French, troy '11	2010
4:01.58	Byron, Chris '91	1991
4:02.54	Lombardi, Ron '86	1986
4:03.16	McComber, Burress '98	1998
4:03.80	Pietras, Zach '13	2010

3,000 Meter Steeplechase

9:15.84	Young, Frank '78	1977
9:20.44	Duggan, Charles '75	1972
9:21.82	Pietras, Zach '13	2010
9:22.16	Byron, Chris '92	1992
9:25.54	Lombardi, Ron '86	1986
9:30.44	Pate, Russ '68	1968
9:31.94	Stabb, Jeff '86	1986
9:35.97	McCombe, Burress '98	1998
9:36.26	Fuller, Brian '11	2008
9:38.54	Wardwell, Greg '82	1982
9:40.24	Russell, Steve '78	1976
9:45.74	Goldberg, Dave '82	1981
9:47.44	Murphy, Steve '89	1989
9:48.24	Smith, Steve '70	1969
9:48.74	Wile, John '81	1981

Three Mile

13:56.6	Duggan, Charles '75	1975
14:18.0	Mousetis, Steve '77	1976
14:26.0	Booze, Sheldon '81	1980
14:28.0	Peltz, Jim '76	1976
14:32.0	Young, Frank '78	1977
14:39.0	Bennett, Craig '68	1967
14:41.0	Russell, Steve '78	1976
14:47.8	Cormier, Roland '69	1969
14:51.0	Cryans, Mike '73	1972
14:51.0	Coates, Budd '79	1976

Six Mile

29:38.9	Newhall, W.F. '80	1980
29:56.0	Mousetis, Steve '77	1976
32:20.0	Booze, Sheldon '81	1980
32:20.8	Russell, Steve '78	1976

110 M HH

14.64	McCray, Jeff '75	1975
14.75	Hughes, Adam '03	2003
14.84	Deutch, Fred '78	1977
14.94	Davis, Abe '75	1975
15.02	Hyde, Jason '96	1995
15.04	Brown, Mike '81	1980
15.23	Benoit, Jeff '01	1999
15.24	Bellinger, John '66	1966
15.24	Mitchell, Dave '81	1978
15.34	Redmond, John '64	1963
15.42	Maffei, Greg '05	2002
15.44	Hessian, Rich '63	1963
15.44	Rohlf, Mike '68	1968
15.44	Fredericks, Don '68	1967

Decathlon

7265 Pts.	Brown, Mike '81	1980
6540 Pts.	Newcomb, Ross '70	1970
6481 Pts.	Miller, Mike '08	2008
6272 Pts.	Davis, Abe '75	1974
5966 Pts.	Coyle, Kevin '12	2010
5652 Pts.	Correia, Bob '79	1979
5627 Pts.	Coleman, Greg '12	2010
5318 Pts.	Whitman, Eric '97	1997
5189 Pts.	Latham, Doug Jr. '01	2001
5162 Pts.	Patterson, Ennis '84	1981
5107 Pts.	Constantini, Carlo '91	1988
5054 Pts.	Campbell, Bucky '87	1985
5026 Pts.	Jones, Mark '90	1989
4793 Pts.	Kaufmann, Chris '12	2010
4763 Pts.	Heath, Rob '92	1989
4678 Pts.	Rowan, Patrick '09	2009
4592 Pts.	Stallard, Scott '79	1979
3917 Pts.	Zwirner, Matt '99	1996

5,000 Meters

14:26.24	Newhall, W.F. '80	1980
14:27.44	Coon, Brent '88	1988
14:47.74	Wardwell, Greg '80	1980
14:51.54	Booze, Sheldon '81	1981
14:52.40	Kambara, Tetsuji '07	2006
15:00.02	Fuller, brian '11	2011
15:04.02	Reilly, Art '93	1992
15:07.84	Pianka, Dave '97	1996
15:14.55	O'Connell, Ryan '13	2011
15:19.34	Staab, Jeff '86	1986
15:20.24	Lombardi, Ron '86	1985
15:21.94	Kelly, Eric '02	2002
15:28.82	Birdsall, David '12	2010
15:30.52	Byron, Chris '92	1992
15:31.95	Salvucci, Anthony '13	2010
15:32.07	McCombe, Burress '98	1997
15:32.24	Rogers, Kelly '83	1981
15:32.24	Kirker, Rob '91	1988
15:38.44	Bissailon, Ernie '82	1981
15:39.24	Acevedo, Ed '83	1983

10,000 Meters

29:50.34	Newhall, W.F. '80	1980
30:53.24	Wardwell, Greg '82	1980
31:05.04	MacLeod, Dave '74	1974
31:07.04	Pianka, Dave '97	1996
31:50.24	Staab, Jeff '86	1985
32:20.24	Booze, Sheldon '81	1980
32:25.13	Reutlinger, Phil '01	2001
32:58.24	Spaulding, Andy '93	1990
32:59.05	Taylor, Ben '99	1999
33:00.24	Coates, Budd '79	1979
33:05.29	Kambara, Tetsuji '07	2005
33:05.74	Hepper, Pat '07	2005
33:10.34	Stratton, Dave '82	1980
33:24.72	Brewer, Jacob '12	2010
33:33.72	Barton, Scott '06	2006
33:34.24	Lyster, Tim '86	1986
33:50.34	Coon, Brent '88	1988
33:43.75	Westcott, Chris '09	2006
33:48.67	Hamel, Chris '06	2006

Pole Vault

15'6.5"	Rose, Jon '69	1969
14' 9"	Miller, Mike '08	2008
14'6"	Praetch, Roland '72	1972
14' 1.25"	Spracklin, Ken '70	1970
14'0"	Chumas, Jeff '77	1974
14'0"	Mitchell, Dave '81	1979
14'0"	Watt, Bernie '84	1983
14'0"	Dobrowoski, Mark '94	1992
14'0"	Detwiler, Steve '03	2000
13'11.75"	Pearson, Matt '09	2009
13'10"	Black, Ken '63	1963
13'9"	Schontag, Nathan '99	1997
13'6"	Kelly, Gordon '60	1960
13'6"	Aldrich, Fran '65	1965
13'6"	Hastings, Al '67	1967
13'6"	Correia, Bob '79	1979
13'6"	Kenyon, Kevin '80	1978
13'6"	Wilcox, Mark '86	1983
13'6"	Cowden, Steve '86	1986
13'6"	Ryder, Steve '01	2001

440 Yd. IH

53.4	Rohlfs, Mike '68	1968
55.3	Fredericks, Don '68	1968
56.4	Provençal, Scott '75	1975
56.5	Orechia, Mike '78	1978
57.0	Rakita, Dave '71	1970
57.0	Davis, Abe '75	1975
57.1	Schlentz, Jim '76	1976
57.5	Currier, Alan '72	1971
57.7	Bellinger, John '66	1966
57.7	Bartlett, Dave '73	1970
57.8	Coates, Jerry '67	1964

440 Yd. Relay

41.6	Norris, Paul	1983
	Sokolowski, Mike	
	Morris, Dave	
	McDermott, Keith	

One Mile Relay

3:18.7	Sokolowski, Mike	1981
	Thomas, Sylvester	
	James, Robert	
	McDermott, Keith	

Old Standard Javelin

230'7"	Tarnowicz, Mike '79	1978
220'9"	Healy, Steve '71	1971
216'0"	Cartocci, Rod '68	1968
215'5"	Driscoll, James '70	1968
210'5"	Kusiak, Edward '65	1965
209'11"	Roderick, Rick '82	1981
208'7"	Viafore, Ken '75	1974
208'5"	Stallard, Scott '80	1980
207'9"	Footrick, Win '32	1932
205'0"	Hirth, Don '74	1972
200'10"	Granberry, James '55	1955
200'3"	ferguson, Rob '85	1983

400 I.H.

54.04	Hughes, Adam '03	2002
55.44	Toot, Greg '84	1983
55.58	Burnell, Jason '05	2005
55.60	Hyde, Jason '97	1997
55.60	Larkin, Tony '07	2007
56.39	Behlmer, Kevin '11	2010
56.44	Mitchell, James '83	1980
56.66	Benoit, Jeff '01	1999
57.42	DeMassa, Doug '95	1995
57.44	Rader, Shawn '91	1990
58.24	Kupiec, Sean '04	2003
58.54	Haynes, Todd '88	1986
58.78	Dubuc, Joe '08	2005
58.80	Pitney, Phil '81	1980
58.80	Brown, Dane '02	1999

400 M Relay

41.05	Brognano, Tom Headley, Stephen Hay, Nickel Amendola, Matt	2010
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1600 M Relay

3:16.14	Norris, Paul Sokolowski, Mike Morris, Dave McDermott, Keith	1983
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New Standard Javelin

222'4"	Guerrette, Nick '00	1999
212'2"	MacNeil, Tom '92	1992
199'0"	Turchetti, Cameron '07	2006
195'1"	Radcliff, Dave '86	1986
192'9"	Furbush, Kevin '94	1991
191'8"	Heitkamp, Mike '03	2003
190'0"	Heath, Rob '92	1990
187'8"	Levy, Rich '98	1995
187'0"	Hackendorf, Eric '91	1989
181'1"	Marcotte, Brett '99	1996
180' 1"	Miller, Michael '08	2007
178'6"	Gibney, John '01	2001
178'4"	Schuhwerk, Geroge '90	1987
178'3"	Toussaint, Justin '12	2009
175'6"	Fornili, Rich '93	1992

Long Jump

24'5.5"	Brown, Mike	1980
24'0.5/8"	Parks, Stu '35	1935
23'11.25"	Davis, Abe '75	1975
23'10.25"	Coyle, Kevin '12	2011
23'9.5"	McDermott, Keith '84	1983
23'7.75	Redmond, John '64	1963
23'4"4.75	Gulino, Blake '05	2003
23'3"	Werner, Al '40	1937
23'0"	Aguda, Jason '01	2001
22'11"	Karafotias, Mike '72	1970
22'10.25"	Muzzy, Ralph '54	1953
22'8.75"	Buta, Joe '72	1972
22'8.25"	Winfield, James '77	1975
22'7.25"	Steele, Scott '90	1989
22'7.25"	Allen, Chris '07	2004
22'6.5"	Dragone, Dave '78	1978
22'6"	Sokolowski, Mike '84	1982
22'5"	Waddell, Tom '59	1959

Triple Jump

50'8.25"	Davis, Abe '75	1974
49'2"	McCray, Jeff '75	1975
48'9.75"	Katzenstein, Mark '71	1971
48'5"	Coyle, Kevin '12	2011
47'4.5"	McDermott, Keith '84	1983
46'11.5"	Brown, Mike '81	1980
46' 7.5"	DeCelle, Nick '08	2008
45'10.5"	Aguda, Jason '01	1998
45'7.75"	Golas, Rick '67	1967
45'5.5"	Dragone, David '78	1978
45'0.25"	Jaroszewicz, Pawel '04	2002
44'9"	Samuels, Pat '80	1977
44'8.5"	Bradley, Tony '84	1981
44'8"	Buta, Joe '72	1972
44'6.75"	Hicks, Salodius '80	1977
44'6"	Keller, Tracy '75	1975
44'4"	Kormann, David '79	1976
44'3.5"	Marchese, Frank '05	2002
44'3.5"	James, Mark '90	1989

High Jump

6'11"	Brown, Mike '81	1979
6'10"	Karafotias, Mike '72	1970
6'9"	Brown, Ethan '03	2001
6'8.25"	Welch, Justin '05	2004
6'8"	Mau, Robert '81	1980
6'8"	Cogan, Jeff '07	2005
6'7"	Heitkamp, Mike '03	2002
6'7"	Miller, Mike '08	2008
6'6"	Woodruff, John '71	1968
6'6"	Davis, Abe '75	1976
6'6"	Van Vorst, Ken '88	1988
6'6"	Jones, Mark '90	1987
6'6"	Allen Chris '07	2004
6'5.25"	Flubacher, Tom '59	1958
6'5"	Newcomb, Ross '70	1970
6'5"	Streb, Martin '89	1986
6'5"	Steele, Scott '90	1990

Shot Put

58'8.5"	Larkins, Damian '00	2000
57'2.25"	Lasorsa, Rob '83	1983
55'11.75"	Kampersal, Alex '07	2007
55'1.5"	Lynch, Wayne '80	1980
54'5.5"	Acciaioli, Matt '05	2004
53'1.5"	Woodward, Jim '73	1973
52'2.75"	Mahoney, Brandond'02	2001
51'8.75"	Thuillard, Lou '70	1968
51'2"	Dunlay, Brad '99	1999
50'7.5"	Branchini, Bob '77	1977
50'2.5"	Pourier, Joe '79	1976
50'2"	Prince, Arthur '86	1985
50'1.75"	Carlson, Bruce '73	1971
50' 0.5"	Hall, Dan '08	2007
50'0"	Meeker, Bill '98	1998
49'11.5"	Sanzone, Matt '63	1961
49'11.25"	White, Adam '91	1989
49'9.75"	Blades, Chris '96	1996
49'9"	Schlosser, John '65	1965
49'6.5"	Uguccione, Dom '08	2005
49'5"	Pires, Glenn '80	1978

Discus

177'8"	Lynch, Wayne '80	1979
169'5"	Prince, Arthur '86	1986
169'2"	Dattoli, Ron '77	1974
167'11"	Carlson, Bruce '73	1971
165'4"	Corthell, Patrick '00	1999
164'10"	Drayton, Chuck '71	1971
161'8"	Podolski, Leo '89	1987
161'2"	Adragna, Joe '66	1966
157'10"	Lewis, John '08	2006
155'8"	Schlosser, John '66	1966
155'7"	Evon, John 95	1994
115'6"	Thuillard, Lou '70	1969
154'5"	Blades, Christopher '96	1996
154'4"	White, Adam '91	1989
153'4"	Dibattista, Joe '02	2002
153'1"	Lasorsa, Rob '83	1983
151'11"	Guild, Curt '54	1954
151'6"	Carito, Bruce '82	1981

Hammer

191'8"	Cramer, Hal '73	1973
187'10"	Bishop, Carl '78	1978
185'7"	Pires, Glenn '803	1979
183'11"	Peterson, Ken '63	1963
180'5"	Maday, Adam '98	1998
180' 5"	Uguccione, Dominick '08	2007
178'8"	White, Adam '91	1991
178'7"	Laprade, Nick '04	2002
178'5"	Guild, Curt '54	1954
176'9"	Podolski, Leo '89	1988
174'5"	Sherman, Dave '76	1975
174'4"	Scott, Jeff '00	1999
172'7"	Thuillard, Lou '70	1969
171'9"	Miller, Matt '01	2001
171'5"	Sandstrom, Don '52	1952
171'5"	Thompson, Charlie '68	1968
170'4"	Lasorsa, Rob '83	1982