

# Springfield College All Time Indoor Track & Field

## 55 Meters

6.24	Headley, Steve '10	2009
6.44	Samuels, Pat '80	1980
6.44	James, Robert '82	1982
6.46	Malone, Roshaun '97	1997
6.47	Hay, Nickel '11	2011
6.49	Barnette, Greg '90	1989
6.52	Jackson, Jason '04	2003
6.54	Davis, Abe '75	1974
6.54	Sokolowski, Mike '84	1981
6.54	Davis, Tony '87	1984
6.56	Bruno, Jeff '11	2009
6.61	Amendola, Matt '10	2009
6.64	Winfield, Jim '77	1976
6.64	Moehring, Dave '78	1979
6.64	McDermott, Keith '84	1981
6.64	Robinson, James '93	1990
6.64	Hayes, Joe '96	1994

## 55M HH

7.54	McCray, Jeff '75	1975
7.54	Davis, Abe '75	1975
7.74	Brown, Mike '81	1980
7.75	Hughes, Adam '03	2002
7.84	Mitchell, Dave '82	1979
7.89	Hyde, Jason '97	1997
7.94	Deutch, Fred '77	1977
7.94	Mitchell, James '84	1982
7.98	Dubuc, Joe '08	2005
8.04	Provencal, Scott '75	1972
8.04	Piccolo, Rob '89	1987

## 200 Meters

21.82	Headley, Steve '10	2010
21.90	Jackson, Jason '04	2003
22.29	Jaroszewicz, Pawel '04	2004
22.47	Amendola, Matt '10	2010
22.48	Hay, Nickel '11	2011
22.50	King, Billy '06	2004
23.04	Hayes, Joe '96	1994
23.04	Malone, Roshaun '97	1995
23.12	Keyser, Chris '06	2006
23.13	Brock, Dylan '12	2011
23.14	Robinson, James '93	1991
23.14	Brown, Kyle '12	2011
23.16	Corricelli, Dave '01	1999
23.20	Bell, Jermaine '10	2007
23.24	Bruce, Jeremy '97	1995
23.28	Sharnick, garrett '13	2010
23.29	Roy, Chris '03	2000
23.31	Rehm, Tim '08	2007
23.34	Barnette, Greg '90	1990
23.50	West, Phil '04	2001

### **400 Meters**

47.47	Jaroszewicz, Pawel '04	2004
48.34	Sokolowski, Mike '84	1983
48.69	Hay, Nickel '11	2010
49.53	Robinson, Jim '93	1993
49.72	Forrette, Dave '07	2004
49.84	King, Bill '06	2005
49.93	Quetant, Chris '11	2010
50.11	Sabol, Tim '01	2001
50.24	Royster, Jarrett '90	1990
50.24	Bruce, Jeremy '97	1995
50.24	Behlmer, Kevin '11	2011
50.44	Norris, Paul '86	1984
50.45	Rehm, Tim '08	2008
50.65	Jackson, Jason '04	2002
50.84	McDermott, Keith '84	1983
51.04	Morris, Dave '84	1983
51.04	Anderson, Bill '91	1991

### **500 Meters**

1:04.84	Royster, Jarrett '90	1989
1:05.97	Harwood, Ben '01	2000
1:06.44	Notary, Jon '03	2003
1:06.47	Nunan, Sean '13	2011
1:06.57	Sabol, Tim '01	1998
1:06.74	DeMassa, Doug '95	1993
1:07.26	Harrington, Alex '13	2011
1:07.33	Behlmer, Kevin '11	2009
1:07.36	Jaroszewicz, Pawel '04	2004
1:07.58	Mateicka, Bob '02	2002
1:07.67	Chapleau, Mike '94	1993
1:07.74	Norris, Paul '86	1985
1:07.74	Brown, Bryan '96	1996
1:07.74	Marquis, Steve '94	1994
1:08.00	Okerblom, Chris '08	2006
1:08.00	Vieser, Kevin '08	2010
1:08.04	Toot, Greg '84	1983
1:08.04	Walsh, Brian '97	1995
1:08.32	Nacsin, Eric '09	2007

### **600 Meters**

1:22.97	Harwood, Ben '01	2001
1:23.66	Nacsin, Eric '09	2007
1:23.77	Sabol, Tim '01	1998
1:23.82	Notary, Jon '03	2002
1:24.57	Okerbloom, Chris '08	2008
1:24.77	Walsh, Brian '97	1997
1:25.22	Fredericks, Art '04	2004
1:25.32	Nunan, Sean '13	2011
1:25.45	Dang, James '13	2010
1:25.48	Behlmer, Kevin '11	2008
1:25.80	Hughes, Adam '03	2002
1:25.95	Kupiec, Sean '04	2003
1:25.95	Pearsall, Brian '04	2004
1:26.30	Forrette, David '07	2007
1:26.99	Hannon, Josh '04	2001
1:27.00	Vieser, Kevin '12	2010
1:27.44	Latham, Doug Jr. '01	1998
1:27.45	Rehm, Tim '08	2008
1:27.50	Larkin, Tony '07	2005
1:27.64	Brick, Dana '00	2000

### **800 Meters**

1:52.92	Anderson, Bill '91	1991
1:54.04	Griffin, Mike '09	2008
1:54.68	Walsh, Brian '97	1997
1:54.72	Connolly, Joe '92	1991
1:55.34	Mateicka, Bob '02	2002
1:55.64	Harwood, Ben '01	2001
1:56.24	Daly, Hayden '88	1985
1:56.91	DeRocco, Pat '05	2004
1:57.08	O'Connell, Ryan '13	2011
1:57.16	Nacsin, Eric '09	2006
1:57.44	Marquis, Steve '93	1993
1:57.64	Niven, Tim '87	1984
1:58.04	Chapleau, Mike '94	1993
1:58.35	Pearsall, Brian '04	2004
1:58.38	Wilson, Steve '05	2003
1:58.54	Brown, Bryan '96	1995
1:58.58	French, Troy '11	2010
1:58.78	Coon, Brent '87	1986

### **1000 Meters**

2:29.50	Mateicka, Bob '02	2001
2:29.55	Griffin, Mike '09	2006
2:29.92	French, Troy '11	2010
2:30.17	Pietras, Zach '13	2011
2:30.46	O'Connell, Ryan '13	2011
2:30.87	Connolly, Joe '92	1991
2:32.22	Brown, Bryan '96	1996
2:32.64	Scully, Matt '13	2011
2:32.80	Bartlett, Jeff '08	2007
2:32.83	Walsh, Brian '97	1997
2:32.90	Creamer, Stephen '11	2011
2:33.05	Marquis, Steve '94	1994
2:33.10	Notary, Mike '03	2003
2:33.53	DeRocco, Pat '05	2004
2:33.96	Anderson, Bill '91	1990
2:34.16	Pearsall, Brian '04	2003
2:35.04	Tynan, Bill '82	1981
2:35.27	Duggan, Tom '02	2000
2:36.14	Chapleau, Mike '94	1994
2:36.34	Bissailon, Ernie '82	1982

### **One Mile**

4:07.9	Duggan, Charles '75	1975
4:12.63	Brown, Bryan '96	1996
4:14.0	Cave, Rick '79	1979
4:14.0	Wardwell, Greg '82	1981
4:14.5	Tynan, Bill '82	1981
4:16.5	McCann, Dave '76	1975
4:16.6	Coon, Brent '87	1986
4:17.36	Fuller, Brian '11	2011
4:18.5	O'Loughlin, Jim '78	1978
4:19.32	O'Connell, Ryan '13	2011
4:19.9	McGinty, Pter '74	1974
4:20.75	Creamer, Stephen '11	2011
4:23.96	Griffin, Mike '09	2008
4:24.24	Klatka, Ken '69	1969
4:26.55	French, Troy '11	2011

### **3,000 Meters**

8:26.44	Newhall, W.F. '80	1979
8:34.94	Wardwell, Greg '82	1981
8:40.19	Fuller, Brian '11	2009
8:44.82	Kambara, Tetsuji '07	2004
8:45.00	Duggan, Tom '02	2001
8:46.14	Young, Frank '78	1978
8:46.16	Salvucci, Anthony '13	2011
8:48.62	Airey, Rich '98	1995
8:49.28	O'Connell, Ryan '13	2011
8:50.61	Reutlinger, Phil '01	2001
8:53.24	O'Loughlin, Jim '78	1978
8:53.44	Lombardi, Ron '86	1984
8:53.54	Edson, Rob '86	1985
8:54.82	Griffin, Mike '09	2009
8:55.73	McCombe, Burress '98	1998
8:56.52	Pianka, Dave '97	1994

### **5,000 Meters**

14:51.34	Wardwell, Greg '82	1981
14:52.40	Kambara, Tetsuji '07	2006
14:53.64	Booze, Sheldon '81	1981
15:00.02	Fuller, Brian '11	2011
15:04.02	Reilly, Art '93	1992
15:07.84	Pianka, Dave '97	1996
15:20.14	Lombardi, Ron '86	1985
15:30.52	Byron, Chris '92	1992
15:32.07	McCombe, Burress '98	1998
15:42.84	Kirker, Rob '91	1988
15:47.81	Salvucci, Anthony '13	2011
15:49.26	Reutlinger, Phil '01	2000
15:47.41	Birdsall, David '12	2010
15:49.26	Reutlinger, Phil '01	2000
15:52.14	Perry, Lew '90	1989
15:59.27	Hegarty, Matt '11	2009

### **Pentathlon**

3833 Pts.	Brown, Mike '81	1980
3436 Pts.	Jones, Mark '90	1989
3187 Pts.	Blades, Chris '96	1994
3172 Pts.	Miller, Mike '08	2007
3161 Pts.	Heitkamp, Mike '03	2003
2845 Pts.	Coleman, Greg '12	2010
2806 Pts.	Latham, Doug Jr. '01	2001
2299 Pts.	Rader, Shawn '92	1992
2294 Pts.	Esposito, Oscar '12	2010
2191 Pts.	Pearsall, Brian '04	2001
2013 Pts.	Zwirner, Matt '99	1997

### **Long Jump**

24' 5.5"	Brown, Mike '81	1980
23' 10.25"	Coyle, Kevin '12	2011
23' 9.5"	McDermott, Keith '84	1983
23' 8.5"	Davis, Abe '75	1975
23' 3.5"	Gulino, Blake '05	2003
22' 9.75"	Aguda, Jason '01	1999
22' 5"	Buta, Joe '72	1972
22' 2.5"	Sokolowski, Mike '84	1983
22' 2.5"	Jaroszewicz, Pawel '04	2003
22' 2.25"	Dragone, Dave '79	1978
22' 1.5"	Kormann, Dave '79	1977
22' 1.5"	Brock, Dylan '12	2009
22' 1"	Steele, Scott '90	1989
22' 0.5"	Morris, Dave '84	1982

### **Triple Jump**

50' 8.5"	Davis, Abe '75	1973
49' 2"	McCray, Jeff '75	1975
48' 5"	Coyle, Kevin '12	2011
47' 4.5"	McDermott, Keith '84	1983
46' 6"	Brown, Mike '81	1978
45' 11"	Katzenstein, Mark '71	1971
45' 5.25"	DeCelle, Nick 08	2007
45' 0.5"	Jaroszewicz, Pawel '04	2002
44' 9"	Samuels, Pat '80	1977
44' 6"	Keller, Tracy '75	1975
44' 3.5"	Jones, Mark '90	1989
44' 0.75"	Aguda, Jason '01	2001
43' 10.25"	Hyde, Jason '97	1995
43' 10"	Dragone, Dave '79	1975
43' 10"	Cogan, Jeff '07	2005

### **High Jump**

6' 11"	Brown, Mike '81	1979
6' 8.25"	Welch, Justin '05	2004
6' 8"	Karafotias, Mike '71	1971
6' 7"	Heitkamp, Mike '03	2002
6' 6.25"	Brown, Ethan '03	2003
6' 6"	Mau, Robert '81	1980
6' 6"	Jones, Mark '90	1987
6' 6"	Van Vorst, Ken '88	1986
6' 5"	Streb, Martin '89	1986
6' 4.75"	Murphy, Sean '00	1997
6' 4.75"	Allen, Chris '07	2005
6' 4.75"	Cogan, Jeff '07	2007

### **Pole Vault**

14' 6"	Praetch, Roland '74	1972
14' 0"	Mitchell, Dave '82	1978
14' 0"	Watt, Bernie '84	1983
14' 0"	Dobrowolski, Marc '94	1992
13' 6"	Chumas, Jeff '77	1974
13' 6"	Kenyon, Kevin '80	1978
13' 6"	Schontag, Nathan '99	1997
13' 6"	Ryder, Steve '01	2001
13' 0"	Toot, Greg '84	1982
13' 0"	Wilcox, Mark '86	1984
13' 0"	Campbell, Bucky '87	1985
13' 0"	Cowden, Steve '86	1986
13' 0"	Wilson, Craig '90	1989\

### **Shot Put**

56' 6.5"	Larkins, Damian '01	2001
55' 9"	Lasorsa, Rob '82	1982
55' 3.5"	Kampersal, Alex '07	2006
55' 1.5"	Lynch, Wayne '80	1980
53' 5"	Acciaioli, Matt '05	2005
52' 2.75"	Mahoney, Brandon '02	2001
50' 6"	Woodward, Jim '73	1972
50' 2"	Prince, Arthur '86	1985
50' 0.5"	Branchini, Bob '77	1976
49' 10"	Pourier, Joe '80	1976
49' 6.5"	Uguccioni, Dom '08	2005
49' 5"	Pires, Glenn '80	1978
48' 11"	White, Adam '91	1991
48' 4.75"	Dunlay, Brad '99	1999
48' 2.5"	Turner, Mosby '78	1977

### **35 Lb. Wt.**

62' 0"	Pires, Glenn '80	1979
60' 4"	Thuillard, Lou '70	1970
58' 9"	White, Adam '91	1991
58' 0"	Cramer, Hal '73	1973
57' 10.25"	Uguccioni, Dominick '08	2007
57' 9"	Podolski, Leo '89	1988
53' 0.25"	Maday, Adam '98	1997
52' 6"	Lasorsa, Rob '82	1982
52' 4.5"	Guidetti, Steve '98	1997
52' 1.75"	Miller, Matt '01	2001
52' 0.5"	Scott, Jeff '00	1998
51' 9.25"	Ellerbe, Alan '87	1985
51' 8.25"	Lewis, John '08	2007
51' 6"	Bishop, Carl '78	1978

### **50 Yards**

5.3	Samueles, Pat '80	1977
5.3	Davis, Tony '87	1985
5.4	Carle, Richard '66	1966
5.4	Rapisarda, Doug '79	1978
5.4	McDermott, Keith '84	1981
5.4	Barnette, Greg '90	1989
5.5	LaChance, Ray '66	1966
5.5	Davis, Abe '75	1975
5.5	Moehring, Dave '78	1978
5.5	Sokolowski, Mike '84	1981

### **45 Yd. HH**

5.8	McCray, Jeff '75	1975
5.8	Davis, Abe '75	1975
6.1	Provencal, Scott '75	1975
6.1	Piccolo, Rob '89	1986
6.2	Orechia, Mike '78	1975
6.3	Ortega, Jose '86	1984
6.4	Campbell, Bucky '87	1985

### **440 Yards**

48.5	Sokolowski, Mike '84	1983
50.4	James, Robert '82	1980
50.7	Norris, Paul '86	1983
50.9	Cole, Robert '81	1980
51.0	McDermott, Keith '84	1983
51.2	Bouchard, Tom '80	1978
51.3	Moehring, Dave '79	1979
51.8	Connolly, Gene '79	1978
51.8	Royster, Jarrett '90	1988

### **600 Yards**

1:12.39	Bouchard, Tom '80	1979
1:13.1	Conte, Mike '74	1974
1:13.5	DeMassa, Doug '95	1993
1:13.6	Latham, Doug '73	1973
1:13.8	Wise, Wayne '78	1977
1:14.3	Mericle, Scott '79	1982
1:14.9	Morris, Dave '84	1982
1:15.0	Royster, Jarrett '90	1989
1:15.1	Daly, Hayden '88	1986
1:15.3	Johnson, Dave '75	1975
1:15.4	Thomas, Sylvester '81	1981

### **880 Yards**

1:55.0	Wise, Wayne '78	1977
1:55.4	Conte, Mike '74	1974
1:55.7	Anderson, Bill '91	1989
1:57.0	Daly, Hayden '88	1986
1:58.8	Tynan, Bill '82	1986
1:58.9	Bissaillon, Ernie '82	1982
1:59.7	Cave Rick '79	1979
2:00.3	Cargill, Paul '83	1982
2:00.9	Coon, Brent '87	1985
2:01.6	Niven, Tim '86	1984

### **1000 Yards**

2:12.2	Duggan, Charles '75	1975
2:13.4	Conte, Mike '74	1973
2:13.7	Wise, Wayne '78	1976
2:15.6	Tynan, Bill '82	1979
2:16.8	Papiro, John '76	1976
2:17.3	Smith, Mark '80	1978
2:17.6	Schlentz, James '75	1974
2:17.9	Miller, Steve '82	1980
2:18.4	Bissaillon, Ernie '82	1981
2:19.1	Booze, Sheldon '81	1979
2:19.8	Coon, Brent '87	1984

### **1,500 Meters**

3:55.60	Brown, Bryan '96	1996
3:58.94	Wardwell, Greg '82	1980
4:00.72	Matiecka, Rob 'Grad	2003
4:01.58	Byron, Chris '91	1991
4:01.74	Coon, Brent '87	1987
4:03.72	Duggan, Tom '02	2002
4:05.04	Booze, Sheldon '81	1980
4:05.54	Lombardi, Ron '86	1985
4:05.84	Edson, Rob '86	1985
4:05.96	Kelly, Eric '02	2001

### **Two Mile**

8:45.2	Duggan, Charles '75	1974
9:01.8	Wardwell, Greg '82	1980
9:03.2	Newhall, W.F. '80	1979
9:04.6	Booze, Sheldon '81	1981
9:08.3	McCann, Dave '76	1974
9:14.5	Young, Frank '78	1977
9:15.7	Peltz, James '76	1975
9:20.4	Edson, Rob '86	1985
9:27.1	Cofrin, George '80	1977
9:27.2	Coon, Brent '87	1986
9:27.6	Cave, Rick '79	1977

**1600 Relay**

3:16.35      Dave Forrette    2004  
                 Art Fredericks  
                 Bill King  
                 Pawel Jaroszewicz

**3200 Relay**

7:48.06      Mike Notary      2003  
                 Steve Wilson  
                 Brian Pearsall  
                 Rob Mateicka

**4 x 200 Relay**

1:29.57      Steve Headley    2008  
                 Matt Amendola  
                 Nickel Hay  
                 Tim Rehm

1:29.95      Tom Brognano    2011  
                 Kyle Brown  
                 Kevin Behlmer  
                 Nickel Hay

**Distance Medley Relay**

10:04.44      Mike Conte      1973  
                 Doug Latham  
                 Peter McGinty  
                 Charles Duggan

10:06.00      Stephen Creamer    2011  
                 Christopher Quetant  
                 Troy French  
                 Ryan O'Connell