



## Facilities

The women's volleyball team plays home competitions in Blake Arena, on the main level of the three-level domed Physical Education Complex. The floor is covered by Connor Neo-Shock maple wood that allows for a variety of activities such as athletic contests, classes, lectures, and shows. Roll-out bleachers accommodate more than 2,000 spectators. With the bleachers closed, it has room for two regulation-size basketball courts. Blake Arena has served as the host site of the 2006 and 2007 NCAA Division III Women's Basketball Championship (Final Four). Numerous regional and national tournaments have taken place in Blake as it serves as the home facility to volleyball, basketball, gymnastics, and wrestling.



# SPRINGFIELD COLLEGE ATHLETICS

## Women's Volleyball 2010

### 2010 Season Preview

The scene is set for what appears to be a successful 2010 campaign for the Springfield College women's volleyball program.

Three seniors, who own a career record of 82-22 at Springfield, will anchor a squad hungry to claim their second New England Women's and Men's Athletic Conference (NEWMAC) title in three years. **Heather Lively**, a two-time AVCA Division III Honorable Mention All-America selection, returns after totaling 432 kills to go along with 221 digs. **Sarah Lang-Rodean** enjoyed a breakout junior season and was a dynamic weapon as she hit .325, racking up 367 kills. Running the offense in her final year will be **Kelsea Hellyar**, who dished out 1,302 assists to go along with 240 digs and 55 aces last year.

Key juniors returning include **Lauren Torvi**, **Meaghan Hart**, **Kim Giaquinto**, and **Itza Nieves**. Torvi totaled 285 kills at a .323 clip, while Hart posted 495 digs, the 10th highest single-season total in program history. Nieves was a defensive stalwart and racked up 135 digs, while Giaquinto totaled 182 kills and 94 blocks

**Cassie Seymour** will look to build on a solid freshman year in which she appeared in all 34 matches and led the team with 79 service aces.

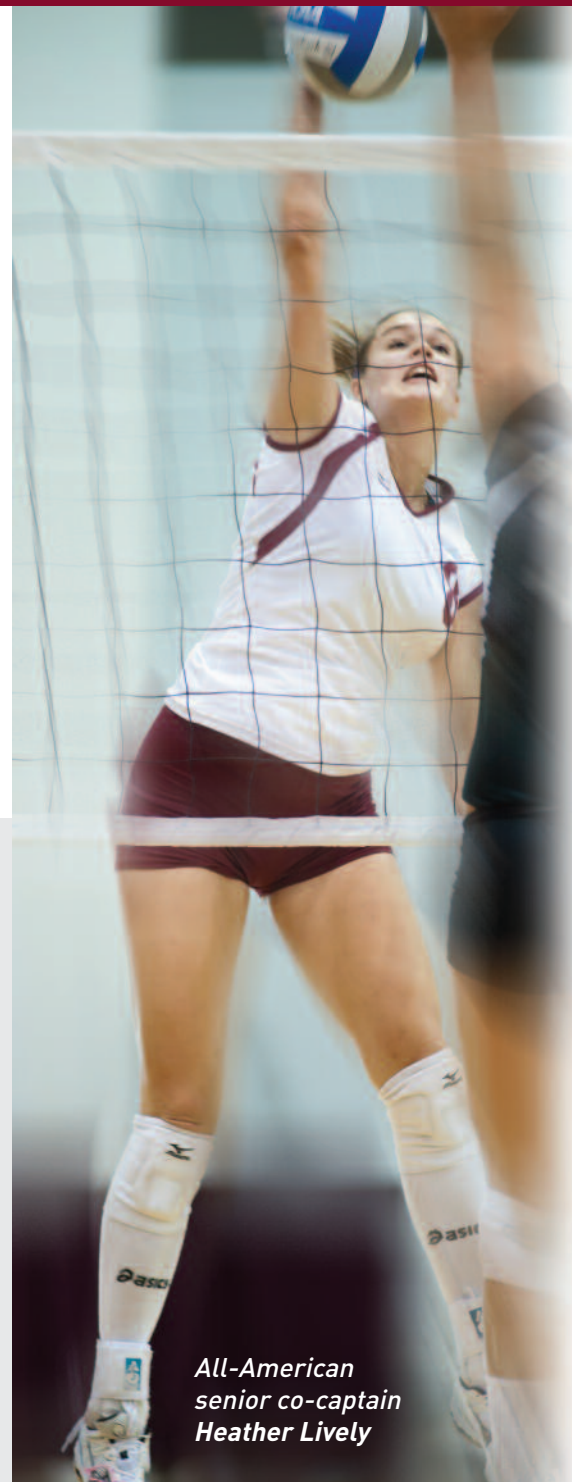
As a team, the Pride ranked fifth in the nation in blocks per set and utilized its size to dominate play at the net. With his entire starting lineup returning, Head Coach Joel Dearing will have plenty of weapons to choose from on the court in 2011.



senior co-captain  
**Kelsea Hellyar**

### FAST FACTS:

- ▼ The Pride is one of the most competitive women's volleyball teams in the nation, posting 37 straight winning seasons.
- ▼ The winningest coach in the history of the program, head coach **Joel Dearing**, NEWMAC Coach of the Year in 2008, has led the Pride to 10 post-season tournaments, including seven NCAA tournaments, three berths in the national quarterfinals, and seven conference titles.
- ▼ The Pride rattled off a 32-5 record as it won the 2008 NEWMAC Championship.
- ▼ Affiliations: National Collegiate Athletic Association (NCAA) Division III, Eastern College Athletic Conference (ECAC).
- ▼ Conference: New England Women's and Men's Athletic Conference (NEWMAC).
- ▼ Home Court: Blake Arena



All-American  
senior co-captain  
**Heather Lively**

### 2010 Schedule

#### SEPTEMBER

3	Fri.	Minnesota Morris <sup>^</sup>	5:00 pm
3	Fri.	Rivier <sup>^</sup>	7:00 pm
4	Sat.	Daeman <sup>^</sup>	12:00 pm
4	Sat.	TBA <sup>^</sup>	2:00 pm
10	Fri.	vs. Texas Lutheran#	2:30 pm
10	Fri.	at Emory#	5:00 pm
11	Sat.	vs. St. Catherine#	11:00 am
11	Sat.	vs. Gettysburg#	3:00 pm
14	Tue.	Babson*	7:00 pm
18	Sat.	at Coast Guard*	1:00 pm
21	Tue.	at Clark*	7:00 pm
24	Fri.	at MIT Invitational	TBA
25	Sat.	at MIT Invitational	TBA
28	Tue.	at MIT*	7:00 pm

#### OCTOBER

1	Fri.	at Johnson and Wales Invitational	TBA
2	Sat.	at Johnson and Wales Invitational	TBA
5	Tue.	Smith*	7:00 pm

#### OCTOBER (continued)

8	Fri.	Westfield State\$	7:00 pm
9	Sat.	Bridgewater State\$	10:00 am
9	Sat.	Plymouth State\$	12:00 pm
12	Tue.	Wellesley*	7:00 pm
19	Tue.	at WPI*	7:00 pm
22	Fri.	at Volleyball Hall of Fame Invitational	5:00 pm
23	Sat.	at Volleyball Hall of Fame Invitational	10:00 am
26	Tue.	Mount Holyoke*	7:00 pm
30	Sat.	Wheaton*	1:00 pm

#### NOVEMBER

2	Tue.	NEWMAC Tournament Quarterfinal	TBA
5	Fri.	NEWMAC Tournament Semifinal	TBA
6	Sat.	NEWMAC Tournament Final	TBA

<sup>^</sup>Springfield College Invitational  
#Emory Classic  
\$Tom Hay Invitational  
\*NEWMAC Game  
Home matches in **bold**

### CONTACT INFORMATION:

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## SPRINGFIELD COLLEGE

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## Head Coach Joel Dearing

### ▼ Education

Springfield College '79  
Bridgewater State College '82  
USAV Level III accredited coach

### ▼ The "Dearing Era" at Springfield College

- Eight NCAA tournament appearances ('93-'97, '03-'04, '08)
- Five ECAC tournament appearances ('92, '98-'01)
- Three NE-10 Championships
- Two NCAA Division III Northeast Regional Championships ('95, '96)
- Three NEWMAC Championships ('03, '04, '08)
- One ECAC Championship ('92)

### ▼ Honors and Accomplishments

- AVCA Division III New England Region Coach of the Year ('96, '03, '08)
- AVCA Division II Northeast Region Coach of the Year ('94)
- NEWMAC Coach of the Year ('96, '03, '08)
- NE-10 Coach of the Year ('90, '93, '94)
- Trailblazer Award (2006) awarded by USA Volleyball, AVCA, and Molten USA for his role in establishing the Men's Invitational Volleyball Championship
- Distinguished Springfield Professor of Humanities, 1997-98
- Member of the Volleyball Hall of Fame board of directors

Joel Dearing will enter his 22nd season as head women's volleyball coach and professor of physical education at his alma mater in the fall of 2010. Dearing is regarded nationally as one of the sport's best coaches. During his tenure at Springfield College, Dearing's record sits at 564-191, a winning percentage of .747, and he ranks in the top 10 in Division III history with a 697-305 (.695) overall mark in 29 seasons as a women's volleyball coach.

The Pride has enjoyed 37 straight winning seasons, including 18 straight with at least 20 wins under Coach Dearing. In three of the last nine seasons, his teams have captured at least 30 wins. In 2001, Springfield posted a 31-7 record, won its first New England Women's and Men's Athletic Conference (NEWMAC) regular-season championship and made its fourth-straight appearance in the conference tournament championship match.

Championships and post-season competition are hallmarks of the "Dearing Era." In 2008, Dearing experienced a stellar year as the Pride captured the NEWMAC Championship and advanced to the NCAA tournament. With a 32-5 record, Dearing was selected not only as the NEWMAC Coach of the Year, but the New England Region Coach of the Year by the American Volleyball Coaches Association (AVCA).

## The Program

Springfield College's competitive year-round program consists of both a traditional season, beginning in September and concluding in late November, and a five-week nontraditional season in March and April. Team members also participate in various campus and community projects. Springfield College hosts the annual Tom Hay Invitational in honor of former Springfield College teacher and coach Tom Hay, who retired in 1987 after coaching the men's and women's volleyball teams for 22 years. Hay coached the women's team from 1978 to 1986, compiling an impressive 252-95-2 record.

During the 2003 and 2004 seasons, Springfield College won back-to-back NEWMAC titles. In both banner years, the Pride advanced to the New England Regional Championship. In 2003, the Pride rolled to a 34-3 record, which included a school-record 21-match win streak. Springfield College has qualified for the NCAA tournament seven times in the last 11 seasons.

Dearing also coached the Springfield College men's volleyball team from 1990 to 1996, compiling a 130-52 record.

Prior to joining the Springfield College staff, Dearing served as the director of athletics at Roger Williams (R.I.) University, where he started both the women's and men's volleyball programs. While there, Dearing compiled an overall record of 174-136. His women's teams posted a 133-114 mark in eight years, while the men's squads had a three-year record of 41-22.

Dearing, a member of the USAV Coaching Accreditation Program Cadre, is well-respected in the world of volleyball and has spent time conducting clinics in Aruba, Argentina, Bermuda, China, and Ireland. He has been the director of the Dearing Volleyball School for the past 27 years. He has authored the books, "Volleyball Fundamentals" and "The Untold Story of William G. Morgan, Inventor of Volleyball."

## History

Did you know that William G. Morgan, who graduated from Springfield College in 1894, invented the sport of volleyball? In fact, Springfield College was the site of the first volleyball game ever played—in 1896.

Morgan, the physical education director of the Holyoke YMCA, developed the sport as a less strenuous alternative to basketball. He originally named the sport "mintonette," but after Springfield College professor A.T. Halstead observed an exhibition match at the College, he suggested "volleyball" as a more appropriate name.

## 2009 Honors and Awards

- ▼ AVCA Division III Honorable Mention All-American: Heather Lively, junior
- ▼ AVCA Division III All-New England Region: Heather Lively, junior; Sarah Lang-Rodean, junior
- ▼ NEWVA All-New England: Heather Lively, junior
- ▼ NEWMAC All-Conference First Team: Heather Lively, junior; Sarah Lang-Rodean, junior
- ▼ NEWMAC All-Conference Second Team: Kelsea Hellyar, junior
- ▼ NEWMAC All-Academic Team: Kimberly Plummer, junior; Chelsea Barnicle, senior; Meaghan Hart, sophomore; Heather Lively, junior
- ▼ NEWMAC Player of the Week: *Sep. 14* - Kelsea Hellyar, junior; *Oct. 5* - Heather Lively, junior; *Oct. 19* - Heather Lively, junior
- ▼ Maroon Club Athletes of the Week: *Sep. 14* - Kelsea Hellyar, junior; *Oct. 13* - Sarah Lang-Rodean, junior

## 2010 Roster of Returning Players

Name	Cl.	Pos.	Ht.	Hometown/Previous School
Itza Nieves	Jr.	L	5-0	Vega Baja, Puerto Rico/Colegio Carmen Sol
Kelsea Hellyar	Sr.	S	5-5	Fairhaven, Mass./New Bedford
Meaghan Hart	Jr.	L	5-6	Stony Brook, N.Y./Ward Melville
Sonya Mickiewicz	So.	S	5-5	Madison, N.J./Madison
Jenna Lebowitz	Jr.	DS	5-7	Coventry, Conn./Coventry
Kim Giaquinto	Jr.	OPP	5-11	Massapequa, N.Y./Massapequa
Heather Lively	Sr.	OH	6-1	Royalston, Mass./Univ. of Delaware
Sarah Lang-Rodean	Sr.	MB	6-0	Mansfield Center, Conn./E. O. Smith
Cassie Seymour	So.	OH	5-8	Sebastopol, Calif./Analy
Lauren Torvi	Jr.	MB	6-3	North Smithfield, R.I./North Smithfield
Mary Consol	So.	MB	5-10	Long Valley, N.J./West Morris Central
Tessa Smolinski	Fr.	OH	5-7	Hebron, Conn./RHAM
Lindsay Runge	Fr.	OH	5-7	Closter, N.J./Northern Valley Demarest
Brittany McNally	Jr.	OH	5-8	Derry, N.H./Pinkerton Academy

**Head Coach:** Joel B. Dearing (22nd season, Springfield '79)

**Assistant Coaches:** Mark Thomas, Aylene Ilkson

**Captains:** Heather Lively '11, Kelsea Hellyar '11



## All-Time Results (1971-2009)

Year	Record	Highlights	Year	Record	Highlights
1971	5-5-0		1994	31-4-0	NCAA Division II Tournament, Northeast-10 champion
1972	12-0-0	EAIWA champion	1995	30-7-0	NCAA Division III Tournament quarterfinalist
1973	11-1-0		1996	28-10-0	NCAA Division III Tournament quarterfinalist
1974	9-0-0		1997	23-13-0	NCAA Division III Tournament
1975	7-2-0		1998	22-14-0	ECAC Tournament
1976	16-8-4	MAIAW champion	1999	28-9-0	ECAC Tournament
1977	17-12-0		2000	26-13-0	ECAC Tournament
1978	28-5-0		2001	31-7-0	NEWMAC regular-season champion, ECAC Tournament
1979	29-8-0		2002	23-11-0	
1980	21-12-0		2003	34-3	NEWMAC champion, NCAA Division III Regional Final
1981	36-13-2	Northeast-8 champion	2004	26-8	NEWMAC champion, NCAA Division III Regional Final
1982	37-7-0	Northeast-8 champion	2005	26-8	14th consecutive 20+ win season
1983	36-10-0	Northeast-8 champion	2006	27-8	NEWMAC finalist
1984	19-17-0	Northeast-8 champion	2007	23-10	NEWMAC semifinalist
1985	23-13-0		2008	32-5	NEWMAC champion, NCAA Division III Regional Semifinal
1986	23-10-0		2009	27-7	NEWMAC semifinalist
1987	18-9-0	Northeast-10 champion			
1988	21-15-0				
1989	22-16-0	Coach Dearing's first season			
1990	25-12-0	Northeast-10 champion			
1991	19-16-0				
1992	29-7-0	ECAC Division II Tournament champion			
1993	32-3-0	NCAA Division II Tournament, Northeast-10 champion			

**Totals 933-339-6 (.732 winning percentage)**