



SPRINGFIELD COLLEGE ATHLETICS

Women's Lacrosse 2009

FAST FACTS:

- ▼ Springfield College is one of the top Division III women's lacrosse programs in New England, posting 10 or more wins in each of the last seven seasons.
- ▼ First-year head coach **Regan Denham** looks to take the Pride to new heights. Denham will head up a Springfield squad that went 10-7 last season and reached the semifinals of the NEWMAC Tournament.
- ▼ The Pride has won three NEWMAC Championships in the last eight years (2002, 2005, and 2006).
- ▼ Affiliations: National Collegiate Athletic Association (NCAA) Division III, Intercollegiate Women's Lacrosse Coaches Association (IWLCA), and U.S. Lacrosse
- ▼ Conference: New England Women's and Men's Athletic Conference (NEWMAC)
- ▼ Home Field: Stagg Field

CONTACT INFORMATION:

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*senior captain
Heather Dobson*



Head Coach Regan Denham

▼ Education

Messiah College, '04
Missouri Baptist College, G'08

Regan Denham, most recently of Missouri Baptist University in St. Louis, has been named Head Women's Lacrosse Coach as well as an Assistant Professor of Physical Education at Springfield College. Having spent the last two years as the head coach at Missouri Baptist, Denham will take the reins of a Pride squad that went 10-7 last season and reached the semifinals of the New England Women's and Men's Athletic Conference (NEWMAC) Tournament.

Denham led the Missouri Baptist Spartans, a NAIA institution, to a winning record in just its second year of existence. Before becoming a head coach, Denham served as an assistant coach at Averett University in Danville, Va., where she helped the squad earn a berth in the USA South Conference Tournament after it had previously not won a game in its first three years as a program. She was also the assistant

coach at Drew University in Madison, N.J., where she served as the interim head coach during a maternity leave. Under her direction, Denham guided Drew to a 14-6 overall record, a trip to the NCAA Division III Tournament's "Sweet 16", and a top-20 ranking in the IWCLA poll.

In her playing days, after transferring from Vanderbilt University in Nashville, Tenn., Denham became a midfielder at Messiah College in Grantham, Pa., where she served as a two-time team captain. A four-time Middle Atlantic All-Conference selection, Denham broke eight school records during her stay at Messiah, from where she graduated with a bachelor's degree in History in 2004. Denham went on to complete her master's of science degree in Physical Education at Missouri Baptist in April of 2008.

Awards

NEWMAC ALL-CONFERENCE TEAM

1999: Tamara Davis, Kristen Mullady
2000: Kristen Mullady, Emily Kiablick
2001: Danica Ansardy, Kim Dole, Emily Kiablick
2002: Danica Ansardy, Kim Dole, Kerry Hausdorf, Lindsay Reiniger, Erin Smith
2003: Holly Carmody, Erin Looney, Lindsay Reiniger, Kacey Wunsch
2004: Jaclyn Alessi (1st), Holly Carmody (1st), Erin Looney (1st), Spring Silverman (HM)
2005: Holly Carmody (1st), Christine Nicol (1st), Spring Silverman (1st), Erin Looney (1st), Ashley Martell (2nd)
2006: Holly Carmody (1st), Rachel Lampros (1st), Christine Nicol (1st), Jaclyn Alessi (2nd), Heidi Eidse (2nd)
2007: Jaclyn Alessi (1st), Ashley Martell (1st), Rachel Lampros (2nd), Lauren McAuley (2nd), Lisa Thomas (2nd)
2008: Alexandra Bazzano (1st), Rachel Lampros (1st), Meghan Wissel (1st), Meagan Dobson (2nd)

NEWMAC ALL-ACADEMIC TEAM

2005: Amanda Bedell, Christine Nicol, Rachel Lampros
2006: Rachel Lampros, Christine Nicol
2007: Julia Kincade, Rachel Lampros, Meghan Wisell
2008: Alexandra Bazzano, Julia Kincade, Rachel Lampros, Hannah Rohner, Meghan Wisell

ECAC ALL-STARS

2002: Erin Smith (2nd), Danica Ansardy (HM), Kim Dole (HM)
2003: Holly Carmody (1st), Lindsay Reiniger (1st)
2004: Jaclyn Alessi (2nd); 2007 Jaclyn Alessi (1st)

IWLCA ALL-BERKSHIRE REGION

2006: Holly Carmody (1st), Christine Nicole (1st)
2007: Jaclyn Alessi (2nd), Ashley Martell (2nd)
2008: Rachel Lampros (2nd)

IWLCA BERKSHIRE REGION COACH OF THE YEAR

2006: Katie Hawke

IWLCA ALL-AMERICANS

1990: Julie Elias
1991: Margaret Simmonds
1992: Leigh-Ann Taylor, Heather Shapiro
1993: Tracey Clarke, Leigh-Ann Taylor
1994: Tracey Clarke, Jill Lopez
1995: Senta Augsberger, Amy Lawrence

IWLCA ACADEMIC TEAM

1992: Carolyn Sarantakis
1994: Jen Barringer
1995: Jen Barringer, Beth Richard
1996: Stacy Barr, Tracey Felcher
1997: Stacy Barr, Tracey Felcher
2007: Julia Kincade, Rachel Lampros

NORTH-SOUTH GAME

1993: Leigh-Ann Taylor
2006: Holly Carmody

ECAC CHAMPIONSHIP MVP

1992: Amy Schwendenmann (MVP)

NEWMAC PLAYER OF THE YEAR

2006: Holly Carmody

NEWMAC ROOKIE OF THE YEAR

2003: Holly Carmody

NEWMAC COACH OF THE YEAR

2001: Lynn Couturier
2002: David Yelle
2005: Katie Hawke
2006: Katie Hawke

All Time Results

Year	Won	Lost	Tied	Year	Won	Lost	Tied	Year	Won	Lost	Tied
1977	2	5	0	1991	7	7	0	2005+#	12	6	0
1978	5	2	2	1992 ^	10	4	0	2006+#	12	6	0
1979 *	7	5	0	1993 ^	6	8	0	2007	10	8	0
1980	4	8	0	1994	8	6	0	2008	10	7	0
1981	4	10	0	1995	6	9	0	# NEWMAC Tournament Champions			
1982	7	5	0	1996	3	9	0	* NEWCLA Division II Championship			
1983	7	6	0	1997	7	8	0	^ ECAC Division II Championship			
1984	5	6	1	1998	8	6	0	~ ECAC Division III			
1985	4	6	0	1999	9	9	0	New England Tournament			
1986	5	8	0	2000	5	10	0	+ NCAA Division III Tournament			
1987	8	4	0	2001 ~	11	6	0				
1988	4	5	0	2002+#	13	5	0				
1989	8	4	0	2003 ~	11	7	0				
1990	10	4	0	2004	11	5	0				

2009 Roster

Name	Cl.	Pos.	Hometown/High School
Alexandra Bazzano	Jr.	M	Newington, Conn./Newington
Jenna Bugbee	Fr.	A	West Granby, Conn./Granby
Rebecca DiSisto	So.	D	Yorktown Heights, N.Y./Lakeland
Heather Dobson	Sr.	A	Longmeadow, Mass./Longmeadow
Meagan Dobson	So.	A/D	Longmeadow, Mass./Longmeadow
Erin Doolan	Sr.	A/M	Blauvelt, N.Y./Tappan Zee
Nicole Flores	Sr.	A	Branford, Conn./Branford
Kelly Foley	Fr.	M	Saco, Me./Thornton Academy
Megan Grills	So.	D	Niantic, Conn./East Lyme
Kaitlyn Hernandez	Fr.	D	Hamburg, N.Y./Frontier
Emily Hopkins	Fr.	D	Northampton, Mass./Northampton
Kaeleigh Lannan	So.	M	Derry, N.H./New Hampton School
Katlyn Lavin	Fr.	GK	Port Jefferson Station, N.Y./Comsewogue
Brittany LeGuelaff	Fr.	M	East Norwich, N.Y./Our Lady of Mercy Academy
Erika Marks	Fr.	M	East Lyme, Conn./East Lyme
Brittany Massaro	So.	A	Hartford, Conn./Northwest Catholic
Lauren McAulay	Jr.	GK	Yorktown, N.Y./Yorktown
Megan O'Brien	So.	D	Winthrop, Mass./Rivers School
Nicole Soucie	So.	A/M	Southington, Conn./Southington
Mackenzie Vita	Fr.	D	Somers, Conn./Somers
Meghan Wisell	Sr.	D	South Burlington, Vt./South Burlington
Jennifer Zubkus	Jr.	A	Dover, N.H./St. Thomas Aquinas

Head Coach: Regan Denham (1st season), Messiah College '04

Assistant Coach: Rachel Simone (2nd season), Cazenovia '07

Captains: Heather Dobson '09, Erin Doolan '09, Nicole Flores '09, Meghan Wisell '09



*senior captain
Nicole Flores*

2008 Results (10-7-0, 5-1-0 NEWMAC)

MARCH

11	at WNEC	W, 17-5
13	at Amherst	L, 8-13
16	vs. Allegheny^	W, 19-6
19	vs. Bowdoin^	L, 4-14
21	vs. St. Lawrence^	L, 12-13 (2 OT)
25	Keene State	W, 8-6
29	Wheaton*	W, 10-9

APRIL

1	at Mount Holyoke*	W, 19-4
5	MIT*	W, 20-13
9	Trinity	L, 7-17
12	at Wellesley*	W, 13-12 (OT)
16	Plymouth State	W, 19-7
19	at Babson*	L, 9-10
20	at Williams	L, 8-12
26	Smith*	W, 14-8
30	Mount Holyoke	W, 22-5

NEWMAC First Rd.

MAY

3	Wellesley#	L, 7-10
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^ Spring Break Trip - at Lake Lytal Park, West Palm Beach, Florida
 ^ Spring Break Trip - at Village Park, West Palm Beach, Florida
 * (NEWMAC) game
 # NEWMAC Tournament Semifinals at Babson
 Home games in **bold**



Facilities

The women's lacrosse team plays at Stagg Field, a newly renovated FieldTurf® field. The stadium, with a seating capacity of 3,867, is lighted according to NCAA standards for night games and has a heated and air-conditioned press box. Stagg Field has played host to numerous NCAA football, field hockey, and men's and women's lacrosse championships.



sophomore
Kaeleigh Lannan

2009 Season Preview

With a new head coach at the helm, the Springfield College women's lacrosse team looks to continue to grow as one of the top teams in the region and contend for the New England Women's and Men's Athletic Conference (NEWMAC) title.

First year head coach **Regan Denham** takes over a squad that returns five of its six top scorers from a team that finished with a record of 10-7 a year ago. Leading the way will be NEWMAC first-team all-conference selection **Alexandra Bazzano** who tallied a team-high 38 goals, 33 draw controls, and 28 caused turnovers last year. Also returning is senior **Heather Dobson**, who finished last year with 27 goals and sophomore **Kaeleigh Lannan**, who registered 29 goals herself. Senior **Erin Doolan** was incredibly efficient around the cage, netting 29 goals off a .500 shooting percentage. Rounding out the Pride's attack is junior **Jen Zubkus**, who finished with 34 points in 2008.

Denham, who preaches the importance of a strong defensive unit, returns a defense almost entirely in tact from last year. Anchoring the squad is all-conference selection **Meghan Wisell**, who picked up 28 ground balls and added 16 caused turnovers and 14 draw controls. The duo of **Rebecca DiSisto** and **Meagan Dobson** also return as focal points of the defensive unit. DiSisto led the team in ground balls with 36 and chipped in with 22 caused turnovers, while Dobson totaled 35 ground balls.

In goal junior **Lauren McAulay** returns after posting a 9.55 goals-against average and a .518 save percentage.

2009 Schedule

MARCH

5	Thu.	WNEC	4:00 pm
7	Sat.	vs. Buffalo State at Union College	TBA
10	Tue.	at Amherst	6:00 pm
17	Tue.	vs. UMass Dartmouth [^]	5:00 pm
20	Fri.	vs. St. Lawrence [^]	10:00 am
24	Tue.	at Keene State	4:30 pm
26	Thu.	Plymouth State	6:00 pm
29	Sun.	at MIT*	2:00 pm

APRIL

4	Sat.	Wheaton*	12:00 pm
8	Wed.	at Trinity	7:00 pm
11	Sat.	Babson*	3:00 pm
14	Tue.	at Mount Holyoke*	7:00 pm
18	Sat.	at Wellesley*	1:00 pm

APRIL (continued)

21	Tue.	Williams	7:00 pm
25	Sat.	Smith	12:00 pm
29	Wed.	NEWMAC Tournament First Round	TBA

MAY

2	Sat.	NEWMAC Semifinals	TBA
3	Sun.	NEWMAC Finals	TBA
6	Wed.	NCAA Tournament First Round	TBA
9	Sat.	NCAA Tournament Second Round	TBA
16	Sat.	NCAA Tournament Finals	TBA

[^]Spring Break Trip at West Palm Beach, Fla.

* NEWMAC game

Home games in **bold**