

**Springfield College**  
**Undergraduate Program Advising Checksheet**

Catalog Year: For students admitted to SC 2007-2008

Major: Dance

(120 Total Credits)

Name: \_\_\_\_\_

ID #: \_\_\_\_\_

Part I of this checksheet outlines General Education course requirements customized for your major.  
Part II lists specific course requirements for your major.  
Part III is space to record elective courses you choose. If applicable, this section includes courses taken for a minor or teacher preparation program.

**GUIDELINES FOR USING THIS CHECKSHEET**

1. Keep this checksheet as a record of your progress toward graduation; update it at the conclusion of each semester. After completing a course, mark the grade you received, the semester (for example, F07 or SP08), and the credits
2. Bring the updated checksheet with you to each advising session. It is your responsibility to keep track of your progress and to be familiar with the requirements of your program.
3. Your advisor may wish to keep a second copy of your updated checksheet for his or her records.
4. If you change your major, you will need a new checksheet for that major. If you intend to complete a minor, those requirements can be listed in the elective section of this checksheet. If you are in a teacher preparation program, you may need a special checksheet which includes your education requirements.
5. You can also use this checksheet to record approved transfer, AP, or CLEP exam credit. Note that the residency policy requires you to complete a minimum of 60 credits of coursework (including 15 of your last 30 credits.) at SC.
6. If you have questions about your requirements or your progress toward graduation, contact your advisor or department chair. General questions about college policies, procedures, or graduation requirements may also be directed to the Office of the Registrar, 413/748-3530 or the Office of Academic Advising, 413/748-3379.

*Information in this document is subject to change.*

**Students must insure that a minimum of 120 credits are completed in order to graduate.**

**My major advisor is:**

Name: \_\_\_\_\_  
Phone: \_\_\_\_\_  
Office location: \_\_\_\_\_  
E-mail: \_\_\_\_\_

**(If applicable) My second or education advisor is:**

Name: \_\_\_\_\_  
Phone: \_\_\_\_\_  
Office location: \_\_\_\_\_  
E-mail: \_\_\_\_\_

**ADVISING NOTES AND QUESTIONS**

Date: \_\_\_\_\_

Note, question, or concern: \_\_\_\_\_

# Springfield College Undergraduate Program Advising Checksheet

## Part I - General Education Requirements

*All students must complete a minimum of 40 credit hours of General Education coursework to graduate.*

Major: Dance

Name: \_\_\_\_\_

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ID# \_\_\_\_\_

Course	Title	Credits	Grade	Sem/Yr
<b>I. Competencies</b> <i>(overlap* does not apply)</i>				
<b>1. College Writing</b> (6 credits)				
ENGL 113	College Writing I	3		
ENGL 114	College Writing II	3		
<b>2. Writing Across the Curriculum</b> (embedded**) (two courses)				
		NA		
		NA		
<b>3. Computer Applications</b> (3 credits)				
		3		
<b>4. Information Literacy</b> (embedded**)				
		NA		
<b>II. Domains of Knowledge and Understanding</b> <i>(overlap* can apply)</i>				
<b>1. Arts and Humanities</b> (9 credits - one course from each category)				
A. Literary Studies				
		3		
B. Visual/Performing Arts				
DANC 101	Dance Appreciation	3		
C. Spiritual & Ethical Dimensions				
		3		
<b>2. Analytical and Natural Sciences</b> (6-7 credits - one course from each category)				
A. Quantitative Reasoning				
		3		
B. Natural Sciences				
BIOL 130	Anat & Physiology Lecture	3		
BIOL 132	Anat & Physiology Lab	1		

Course	Title	Credits	Grade	Sem/Yr
<b>II. Domains of Knowledge and Understanding (continued)</b>				
<b>3. Social Sciences</b> (6 credits - one course from each category)				
A. Historical/Cultural Studies				
		3		
B. Behavioral and Social Sciences				
		3		
<b>4. International/Multicultural Studies</b> (3-6 credits depending upon option selected)				
		3		
		3		
<b>5. Social Justice</b> (3 credits)				
		3		
<b>6. Physical Education</b> (6 credits - three credits from each category)				
A. Health & Wellness				
HLTH 100	Wellness, A Way of Life	3		
B. Physical Activity				
Dance Selective		.5		
Dance Selective		.5		
Dance Selective		.5		
Dance Selective		.5		
		.5		
		.5		
<b>APPROVED GENERAL EDUCATION MODIFICATIONS (if necessary):</b>				
Requirement	Modification	Date:		

<b>Total General Education Credits:</b> (excluding NA)
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**Definition of Terms:**

**\* Overlap:** An overlap course satisfies both a *Domains of Knowledge and Understanding* category **and** a major requirement. A maximum of 3 courses can overlap. Credit for an overlap course is only counted as part of General Education.

**\*\* Embedded:** Embedded competencies are met through courses taken as part of the major, or another General Education category. Credit for an embedded course is not counted as part of the General Education program.

**Shaded Lines with NA credits:**

A shaded line indicates a course that also fills another requirement. Credits only count once, in the primary area. "NA" (not applicable) is marked for credit in the secondary area.

**Italics:** Italics indicate a General Education course that fulfills two General Education categories (a double-dip). Credit is only counted once, for one category.

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**Part II - Major Requirements**

**Major: Dance**

**Name:** \_\_\_\_\_

**Catalog Year: For students admitted to SC 2007-2008**

**ID#** \_\_\_\_\_

**CORE REQUIREMENTS**

Course	Title	Credits	Grade	Sem/Yr
DANC 101	Dance Appreciation	NA		
DANC 110	Laban Movement Analysis	3		
DANC 130	Ballet Theory and Technique I	3		
DANC 135	Modern & Post-Modern Dance	3		
DANC 150	Jazz Dance Theory & Tech. I	3		
DANC 184	Dance Performance Practicum	1-2		
DANC 201	Teaching Dance	3		
DANC 215	Choreography I	3		

**RELATED REQUIREMENTS**

*In addition:*

BIOL 130	Anatomy and Physiology I	NA		
BIOL 132	Anatomy and Physiology Lab I	NA		
BIOL 131	Anatomy and Physiology II	3		
BIOL 133	Anatomy and Physiology Lab II	1		
MUSC 101 or MUSC 108	Basic Musicianship or Music Appreciation	3		

**DANCE AND MOVEMENT CONCENTRATION SELECTIVES**

In addition, select **one** of the following:

Course	Title	Credits	Grade	Sem/Yr
ARTS 248	Interarts Workshop			
DRAM 101	Introduction to the Theatre			
DRAM 110	Fundamentals of Acting			
DRAM 150	Creative Dramatics and Improv.			

In addition, select a minimum of **2** credits from the following:

Course	Title	Credits	Grade	Sem/Yr
DANC 185	Dance Performance Prac (5 cr.)	NA		
PEAC 111	Aerobic Dance	NA		
PEAC 127	Ballet I (.5 cr.)	NA		
PEAC 130	Ballroom Dance (.5 cr.)	NA		
PEAC 133	Modern Dance (.5 cr.)	NA		
PEAC 145	Yoga (.5 cr.)	NA		
PEAC 227	Ballet II (.5 cr.)	NA		

In addition, select a minimum of **3** credits from the following:

Course	Title	Credits	Grade	Sem/Yr
DANC 284	Dance Repertory (1-2 cr.)			
RSCH 141	Independent Study (1-4 cr.)			

In addition, select a minimum of **6** cr. from the following:

Course	Title	Credits	Grade	Sem/Yr
DANC 216	Choreography II (3 cr.)			
DANC 260	Dance/Somatic Mvmt Thrpy (3 cr.)			
ARTS 386	Fieldwork Experience (3 cr.)			

<b>Total Major Credits: (excluding NA)</b>	
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